



# Town of Braintree Department of Elder Affairs

71 Cleveland Avenue, Braintree, MA 02184

*"We are your link between needs and services"*

**Mayor Joseph C. Sullivan**

Al Varraso, Chairperson  
Wayne Gilbert, Vice Chairperson  
Ann Moore, Secretary  
Robert Caruso, Treasurer

Sharmila Biswas, Director  
Mary Howland, Interim Outreach Coord.  
Sandra Young, Coordinator/Volunteers  
Therese Jarrett, Reception Coordinator  
William Murphy, Custodian  
Frank Defrancesco, Van Driver

**PHONE:** 781 848-1963

**FAX:** 781 848-2835

**WEB:** [www.townofbraintreegov.org](http://www.townofbraintreegov.org)



## September Fall Trip New Plainridge Casino & Luciano's Luncheon Tuesday, September 29, 2015 \$58.00

Plainridge Casino is Massachusetts newest and incredibly exciting casino. Experience the nonstop thrill of over 1,200 slots plus video poker, blackjack and more. It also has the only live harness-racing track in Massachusetts. After a few hours at the casino, you will be off for a delicious luncheon at Luciano's Restaurant. Established in 1991, Luciano's is a delightful little piece of Italy offering superb food and sophisticated setting.

**Tickets on sale:** Aug. 1 to 15th - Braintree residents only (tickets 10 a.m. to 1 p.m.)  
(We take out-of-town wait list for all trips)

**Luncheon choices:** Chicken Francese or Broiled Boston Scrod lunches & dessert

*\*U.S. Disabilities Act of 1990 - Town of Braintree - A handicapped-accessible coach bus may be made available upon receipt of notice provided to the Senior Center at least one month (30) days prior to the date set for the trip—call 781-848-1963 for info.*

### **"HOT-DIGGITY-DOG-DIGGITY DAYS OF SUMMER"**

**Wednesday, August 12, 2015**

**12 noon (\$2.00 at door)**

Summer can be very "hot-hot-hot". Come join us in our air-conditioned Senior Center for some "hot-hot-hot" summer fun. We'll be serving our famous grilled hot dogs (yes, we'll butter & grill those buns) & served them up with macaroni salad, chips & some ice cream for dessert.

Then sit back, relax and have some real fun by Mr. DJ Hollywood Musical Entertainment. Enjoy a sing-a-long, music trivia with prizes and much more. This will be a fun filled afternoon not to be missed.

Please call to sign up: 781-848-1963 (Braintree residents only - space limited)



## BLOOD PRESSURE CLINICS (free)



**Aug. 11, (Tues.) at Senior Center 10-11 a.m.**

**Aug. 12, (Wed.) at Independence 10-11 a.m.**

**Aug. 28, (Friday) at Senior Center 10:30 a.m.**

## SHOPPING SHUTTLE SCHEDULE



Reservations must be made at least **48** hours in advance by calling: **781-848-1963**:

Pick-up time is from: **9:30 to 10:00 a.m.**

Return time is from: **11:30 to 12:00 p.m.**

**Aug. 4 & 6, Stop & Shop/Grove Street**

**Aug. 11 & 13, Roche Bros/Quincy Ave.**

**Aug. 18 & 20, Shaws/Pearl Street**

**Aug. 25 & 27, Stop & Shop/Grove Street**

**\*\* Van Trip 8/14/15 - Weymouth Shopping Plaza 10 a.m.**

**\*\* Van Trip 8/25/15 - Senior Day at Marshfield Fair 11-3 p.m.  
(call for spot for all van trips)**

## BRAINTREE MEETINGS



**Aug. 4, Vision Group Meeting at 10 a.m.**  
Meeting at Senior Center & open to all with low vision.  
Please call for more information: 781-848-1963

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**August NO - AARP Chapter #4042 Meeting**  
**Braintree DAV Hall - 788 Liberty St./Braintree**  
No meeting in August - resumes Sept. 15th

**August NO - Braintree Elder Affairs Board Meeting**  
No meeting in August - resumes Sept. 18th

**August NO - COA Associates Meeting**  
No meeting in August - resumes Sept. 24th

**August NO—Braintree Alzheimer's Support Meeting**  
No meeting in August - resumes Sept. 29th

## Braintree Dept. of Elder Affairs Services

**(Hours: 8:30 am – 4:30 pm - Mon/Friday)**

- **Outreach:**  
Information & Referral  
Advocacy  
Friendly Visitor/Library Express
- **Transportation:**  
Medical Van Rides & Senior Center Rides  
Shopping Shuttles
- **Recreation:**  
Monthly Lunches  
Social Activities  
Special Events & Educational Seminars  
Trips
- **Support Groups:**  
Low Vision Meetings  
Alzheimer's Support Meeting
- **TRIAD (Senior Safety)**
- **SHINE (Health Insurance Counseling)**
- **ASK THE LAWYER (Free Consults)**
- **Medical Equipment Loans**
- **Health & Fitness Programs**
- **Educational Programs/Seminars**
- **Volunteer Opportunities**

Please call for information: 781-848-1963

## **Braintree Dept. of Elder Affairs** **Book Club Group** **Thursday, August 20, 2015** **10:30 a.m.**

If you enjoy reading, this is the group for you! We read one book a month, which is supplied by the Library (so there is no monthly cost). Come enjoy very interesting books & lively conversations.

Book:  
**"Under the Tuscan Sun"**  
by: Frances Mayes



Widely published poet, gourmet cook, and travel writer - opens the door to a wondrous new world when she buys and restores an abandoned villa in the spectacular Tuscan countryside.

# Braintree

## Department of Elder Affairs

### "Special Activities"

(Please call 781-848-1963 for more information)

See our newsletter calendar for listing of all activities

**Aug. 4,** "Low" Vision Group Meeting at 10 a.m.  
Support for seniors with low vision problems.

**Aug. 4, 11, 18 & 25** SHINE Insurance help at 10 a.m.  
Appointments every Tuesday for help on all medical insurance issues. Call for appointment!

**Aug. 4, & 18** Supper Club at: Texas Roadhouse/Brock.  
Supper Club at: Jackson Tavern/Wey.  
Please call Senior Center for van reservations to enjoy this early social supper from 3 - 6 p.m.

**Aug. 5 & 19,** Bingo at Senior Center at 1 p.m.  
\$4.00 covers all games. Refreshments served!

**Aug. 10, & 26,** Movie Days (2 this month) at 12 noon  
Extra movie day for the hot summer in our cool air-conditioned building—come enjoy & relax!

**Aug. 11,** Farmer's Market Coupons 10-12 noon  
Distributed by South Shore Elders Service at Braintree Senior Center 10 a.m. - 12 noon. See newsletter article & income requirements.

**Aug. 12,** Hot-Diggity-Dog Days Party at 12 p.m.  
See newsletter article and call to sign up.

**Aug. 25,** Senior Citizens Day at Marshfield Fair  
Van trip to Marshfield Fair (free admission)  
Please call to sign up for a spot on van (limited)!

**Aug. 31,** "End of Summer" Party at 1 p.m.  
See newsletter article & call to sign up please.

# Braintree

## Department of Elder Affairs

### Senior Luncheon

**Thursday, August 27, 2015**

**@ 12 noon**

**\$7.00/ticket (pre-purchase please)**

Come to our monthly luncheon and enjoy a delicious home cooked meal & some social time with friends.



**Lunch Menu:** Salad & Rolls  
Barbecue Chicken, Macaroni Salad  
Summer Dessert

## BRAINTREE SENIOR CENTER

### MOVIE DAYS (.50 donation)

**Monday, August 10, 2015 (extra movie)**

**Wednesday, August 26, 2015**

**Movie starts promptly at 12 noon**

Come early and bring a bag lunch, enjoy coffee/pastry and popcorn during the movie.

**Movie on August 10th:**  
**"Black or White"**



Attorney Elliot Anderson is widowed after the death of his wife. Elliot has raised his biracial granddaughter, Eloise, since his daughter died in childbirth. Elliot finds himself deeply entrenched in a custody battle and will stop at nothing to keep his granddaughter

**Movie on August 26th:**  
**"Serena"**



In the North Carolina mountains at the end of the 1920s, newly-weds George and Serena Pemberton are beginning to build a timber empire. The Pembertons refuse to let anyone stand in the way of their inflated love and ambitions.

*From the Director.....*

Many of you may have seen our vans in our parking lot or you might have noticed one on the road. The vehicles you see are a part of our fleet which provides one of the most important services we offer to the seniors living in Braintree. For many elders, our transportation service is vital to continue living a healthy independent life. With the help of our van drivers, seniors who are not able to drive, yet live alone, can go grocery shopping, see their doctors or come to the Senior Center to join and enjoy our programs or socialize. Any of you who are familiar with our transportation service will definitely understand how phenomenal it is for an elder who has no other means of getting out of their houses.

Since these vans cannot steer on their own, a group of individuals who we lovingly refer to as our “van drivers” are always ready to take you to your destination. Frank is the head of the pack and the rest of the crew includes, Tony, Dick, Hugh, Lou and Dennis. We also have Nick, Bill and Doug providing assistance when someone needs some extra help to get in and out the van or help with their grocery shopping. Their dedication and willingness to help is astounding. No job is too hard for these guys and they always deliver with a smile.

**So, thank you gentlemen!**

With the help of Title IIIB funding from South Shore Elder Services, Department of Elder Affairs also coordinates and provides medical rides to Boston and the surrounding hospitals. Please call us if you need to set up a ride or have any questions. For local rides we ask you to give us a minimum of 48 hours’ notice. You will find a list of suggested donations in every van and which are needed and very much appreciated. Your donations help us keep our programs running smoothly and steadily. **Please remember, our drivers do not accept tips.**



*Sharmila*

**Braintree Senior Center  
“End of Summer Party & Music”  
Monday, August 31, 2015  
1 p.m. \$1.00/donation**

*Oh no...* summer can’t be over so soon! But next week it will be back to school and cooler weather on the horizon.

Braintree Senior Center would like you to come celebrate the “*End of Summer*” with some music by Kathy Clancy & Kathy Porter. Together they will play all your favorite songs and have you up dancing and singing.

We will be serving “munchies” on the tables and cold drinks. After the show you can enjoy an ice cream to remind you that maybe summer isn’t over yet!

**Please call to sign up:  
781-848-1963**

***Braintree Senior Center  
Senior trip.....***



***Marshfield Fair  
Senior Citizens Day  
Tuesday, August 25th  
Seniors Free Admission***

***Seniors’ Special Tent  
12 - 3:30 p.m.  
Free Ice Cream  
(While supplies last!)  
Free Health Information  
Blood Pressure Screenings  
Bingo  
Magic Show  
Country Arts & Exhibits***

***We will be taking a group of  
Braintree seniors in our van,  
please call for a spot!  
Space limited: 781-848-1963***

***From the desk of Al Varraso, Chairperson,***

***Reminder.....***

School is out for the summer and little ones will be playing. Watch out for rolling balls on the street, because they are usually followed by a child.

The Directors and I voted to suspend the July and August meetings. During vacation time there is not much going on. If there is an issue that must be dealt with we will call a meeting.

Should you have anything you want to discuss or questions to be answered, please approach any board member who will bring it before the board for discussion.

***Exciting plans...*** The Mayor approved an addition to the center. The plan is to add to the back of the building, so things may be a little hectic but bear with us, patience is golden and we will all enjoy a bigger and better center.

**Have a great summer!**

**TIME TO SMILE:**

A man walking down the street late at night, notices another man on his knees under the streetlight, obviously looking for something. "What is it you've lost?" "My watch," the man replied. "It fell off when I tripped over the pavement." The passerby joined the search and asked where he tripped and he replied a block-up the street. So why are you looking here? The man answered there is more light.

***Hold the date.....Sept.17, 2015***

Braintree Dept. of Elder Affairs, Alliance Health Management, Grove Manor Estates and Home Instead Senior Care will present a "**Informational Senior Health Fair**" to be held on Thursday, September 17th from 5-7 p.m. at the Braintree Senior Center.

Many informational vendors, light supper and special speaker Dr. Robert Schreiber, Gerontologist, Hebrew Senior Life and Dedham Medical Associates will speak on "Community based organizations and resources helping your parents age well".

We are having this Health Fair early evening to accommodate both seniors and their working family members & caregivers.

Please hold the date and mark your calendars to remind you to attend this event.



**Braintree Senior Center activities looking for new people to join their group (see monthly newsletter for days and times of all activities)**

- **Chess Players for Tuesday mornings at 10 a.m.**
- **Mahjong Players for either Monday or Wed. mornings. (new group forming)**
- **Trivia Players for Mondays (2 times/month) at noon**
- **Bridge Players for Tuesday at 12:30 p.m.**
- **Cribbage Players for Tuesday at 1 p.m.**
- **Photography Class on Thursdays (2 times/month) at 1 p.m.**
- **Computer Classes on Tuesdays 9:30 a.m.**

If interested & for more information please call: 781-848-1963

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>3</b></p> <p>11:00 QiGong/Tai Chi  12:00 Pool Players  12:00 Poker  12:00 Trivia &amp; Coffee</p>	<p><b>4</b></p> <p>Shopping Shuttle/S&amp;S  9:00 S&amp;S Bus (housing)  9:00 Walking Group  9:30 Bocci Group  9:30 Computer 101A  10:00 <b>Vision Group meets</b>  10:00 SHINE Insurance help  10:45 Computer 101B  12:30 Bridge  1:00 Cribbage  1:30 Zumba Exercise  <b>3:00 Supper Club:</b>  <b>Texas Roadhouse/Brockton</b></p>	<p><b>5</b></p> <p>9:15 Exercise Class  <b>10:00 Asian Outreach Program 長者服務</b>  12:00 Pool Players  12:00 Poker  <b>1:00 BINGO</b></p>	<p><b>6</b></p> <p>Shopping Shuttle/S&amp;S  9:30 Chair Yoga  11:30 Quilting Group  1:00 Art Group  1:00 Knit/Crochet</p>	<p><b>7</b></p> <p>9:15 Exercise Class  10:00 Weight Loss Group  12:00 Pool Players  1:00 Women's Poker  1:30 Zumba Exercise</p>
<p><b>10</b></p> <p>11:00 QiGong/Tai Chi  12:00 Pool Players  12:00 Poker</p> <p><b>12:00 "Extra" Summer Movie Day:</b>  <b>"Black or White"</b></p> 	<p><b>11</b></p> <p>Shopping Shuttle/Roche  9:00 S&amp;S Bus (housing)  9:00 Walking Group  9:30 Bocci Group  9:30 Computer 101A  <b>10:00 Blood Pressure (free) by Town Nurse</b>  10:00 SHINE Insurance help  <b>10:00 SSES Farmer Market Coupons</b> (see article please)  10:00 Wii Bowling Group  10:45 Computer 101B  12:30 Bridge  1:00 Cribbage  1:30 Zumba Exercise</p>	<p><b>12</b></p> <p>9:15 Exercise Class  <b>9:30 Ask the Lawyer (free) by appointment</b>  <b>10:00 Asian Outreach Program 長者服務</b>  <b>10:00 Blood Pressure (free) at Independence</b>  12:00 Pool Players  12:00 Poker  <b>12:00 Hot Days of Summer Party</b>  <b>"hot dogs &amp; music"</b>  <b>(please call to sign up)</b></p>	<p><b>13</b></p> <p>Shopping Shuttle/Roche  9:30 Chair Yoga  10:00 Photography  11:30 Quilting Group  1:00 Art Group  1:00 Knit/Crochet</p>	<p><b>14</b></p> <p>9:15 Exercise Class  <b>10:00 Special Van Trip: Weymouth Plaza</b>  10:00 Weight Loss Group  12:00 Pool Players  1:00 Women's Poker  1:30 Zumba Exercise</p>
<p><b>17</b></p> <p>11:00 QiGong/Tai Chi  12:00 Pool Players  12:00 Poker  12:00 Trivia &amp; Coffee</p> <p><b>No Belles &amp; Beaux (resumes in Sept.)</b></p>	<p><b>18</b></p> <p>Shopping Shuttle/Shaws  9:00 S&amp;S Bus (housing)  9:00 Walking Group  9:30 Bocci Group  9:30 Computer 101A  10:00 Wii Bowling Group  10:00 SHINE Insurance help  10:45 Computer 101B  12:30 Bridge</p>	<p><b>19</b></p> <p>9:15 Exercise Class  <b>10:00 Asian Outreach Program 長者服務</b>  12:00 Pool Players  12:00 Poker  1:00 Hearing Exams  <b>(free by appointment)</b>  <b>1:00 BINGO</b></p>	<p><b>20</b></p> <p>Shopping Shuttle/Shaws  9:30 Chair Yoga  10:30 Book Club Meeting  11:30 Quilting Group  1:00 Art Group  1:00 Knit/Crochet</p>	<p><b>21</b></p> <p>9:15 Exercise Class  10:00 Weight Loss Group  12:00 Pool Players  <b>12:30 Ask the Lawyer (free) by appointment</b>  1:00 Women's Poker  1:30 Zumba Exercise</p>



***From the Outreach Dept.....***

The Outreach Office gets many inquiries concerning “housing”. There are many different types of housing. There are different levels of care, different levels of affordability, and different levels of independence.

The Outreach Office has a list of “Housing in Braintree”. It includes affordable senior housing such as Independence Manor and Logan Apartments. These offer rental subsidies for eligible seniors. There is also the Braintree Housing Authority which has two apartment complexes, one on Roosevelt Street and one on Heritage Lane. To apply directly to the Braintree Housing Authority, call the BHA at 781-848-1484. There are also many apartments on our list that are independently owned and therefore have a range of rental costs and accommodations.

For those who need more care, there are housing options that provide increased assistance and medical care. This type of housing comes at a higher price.

There are independent living and assisted living facilities. Many amenities are available at independent living facilities, and included in the cost are services such as meals in the dining room, housekeeping, transportation and social activities. The senior has the option to partake or to maintain their independence by driving or cooking their own meals. Assisted living facilities are for those needing more nursing care and 24 hour staffing. The same amenities are available yet the emphasis is on making sure the senior’s personal health care needs are met. At some assisted living facilities there are specialized programs for seniors with memory loss issues.

There are also nursing and rehabilitation centers in Braintree. Often these are communities that provide services to manage serious medical problems. Sometimes a senior will enter one of these centers after a hospital stay as a step towards wellness. The length of stay depends on the senior’s medical needs.

For more information please contact the Outreach Office at (781) 848-1963.

**South Shore Elders Services  
Farmers Market Coupons  
Distribution at:  
Braintree Senior Center  
August 11, 2015  
10-12 p.m.**



**\*\*\*To be eligible for Farmer’s Market coupons, a senior must be 60 years or older, must meet income requirements (proof of income needed) and be enrolled in a low-income assisted program.**

**Braintree Moose Lodge #403  
Senior Luncheon  
Friday, September 11, 2015  
12 noon - 3 p.m. (free)**

Our friends at the **Braintree Moose Lodge** will once again be hosting their “**Braintree Annual Senior Luncheon**” on Friday, Sept. 11th at 12 noon at the Moose Lodge, 175 Howard Street, Braintree.

Please plan to attend and enjoy a delicious hot turkey luncheon, then stay for some fun, entertainment and raffles.

This event is free and held by the Loyal Order of the Moose and the Women of the Moose.

Space is limited and you must sign up by calling the Braintree Senior Center: 781-848-1963  
The sign up will begin **August 3rd until full!**

# Educational Town Information

## *From the Health Department.....*

### **August is national immunization month**

Older adults need vaccines to prevent serious diseases. Protect your health by getting your immunizations on schedule.

#### **If you are age 60 or older:**

Get immunized to prevent shingles. Shingles causes a rash and can lead to pain that lasts for months.

#### **If you are age 65 or older:**

Get immunized to prevent pneumococcal disease. Pneumococcal disease can include pneumonia, meningitis, and blood infections. Currently there are two types of pneumococcal vaccine, ask your doctor if one or both may be recommended for you.

#### **It's also important for all adults to:**

Get a flu vaccine every year. The seasonal flu vaccine is the best way to protect yourself and others from the flu.

Get the Tdap vaccine to protect against tetanus, diphtheria, and whooping cough (pertussis). Everyone needs to get the Tdap immunization once.

Get a Td (tetanus) immunization every 10 years to protect against tetanus and diphtheria.

It is important for adults to review their immunization status with their physician. Immunizations received earlier in life may wear off and put this population and others at risk for disease and serious complications from infections.

Adults should check with their physician regarding immunization update if any of the following behaviors apply:

#### **Adults that:**

- were not fully immunized as a child
- have a health condition that weakens your immune system (like cancer or HIV)
- have a chronic (long-term) health problem like diabetes or heart, lung, or liver disease
- is a man who has sex with men
- smoke
- spend time with infants or young children
- work or spend time in a school, hospital, prison, or health clinic
- travel outside the United States

***Be wise and get immunized!***

## *From the Recycling Dept.....*

**Latex paint cannot be accepted  
at the Town's**



### **2 Household Hazardous Waste Drop-offs!**

Year after year residents fill their cars with cans of latex paint only to be told that latex paint is not accepted (there is no hazardous waste in latex paint). Latex paint can be dried out and placed in with your trash. Simply open the can, and let it dry out. If there is more than half a can, you can add sawdust or a little kitty litter to speed up the process, and place the lid back on tightly. Please be sure the paint is dried, otherwise it explodes on impact when compacted inside the trash truck. The cost to dispose of Hazardous Waste versus regular trash is triple, so items that are not hazardous are rejected at the fall and spring events. Oil based paint and stains should continue to be taken to the Hazardous Waste Drop-off.

## ***Van Drivers needed.....***



**We are looking for volunteer van drivers to drive seniors (in our vans) to medical appointments & the senior center for activities. We will work around your schedule and training is provided.**

**If you are a Braintree Senior (over 60 yrs. old) and own a home in town, you may be eligible for the "Senior Work-For-Tax Program" where your driving hours will go towards a credit of \$750.00 (maximum) on your property tax bill.**

**Please call Senior Center: 781-848-1963 for more information on driving and the "Senior Work-For-Tax Program".**

**Braintree Department of Elder Affairs.....**Newsletters are available at the Senior Center, Town Hall, Library, Banks, Supermarkets, Pharmacies, Churches, Stores, some Medical Facilities and on line at the Town of Braintree web-page:  
**[www.townofbraintreegov.org](http://www.townofbraintreegov.org)**

Call the Senior Center at (781) 848-1963 for a location near you and any information you may need. The Braintree Dept. of Elder Affairs gratefully accepts donations and thanks all who have donated to our great programs!

**Thank you to Dalton Water/Braintree for their very generous donation of spring water to the Senior Center**

**Braintree Department of Elder Affairs**  
71 Cleveland Avenue  
Braintree, MA 02184  
781-848-1963

Place  
Stamp  
Here



**Please recycle!**

**Braintree Department of Elder Affairs:** Information & referral, Outreach assistance, transportation - both local & Title IIIB SSES grant funded MAP rides to Boston, shopping, SHINE insurance help, TRIAD services, healthcare clinics, support groups, informational seminars, recreation/activities, trips, tax counseling, medical equipment loans, resale & craft shops and many volunteer opportunities. Our Veteran Agent, Richard Walsh, now at this location (781-794-8217). [www.townofbraintreegov.org](http://www.townofbraintreegov.org)

**For information call (781) 848-1963, or visit our web site: [www.braintreema.gov](http://www.braintreema.gov)**

**Dear “Friends”.....**Continuing, we are printing an edited version of “**The Three Pillars of Care – Add Up to One Impossible Job**”, written by Anne Tumlinson.

### **Pillar 2: Health Care**

Daily personal care is just one piece of the puzzle. On top of this is the health care and ensuing work that goes with managing an old body through the last stages of life. Most people living into these decades have to contend with pretty complicated health issues associated with aging cells. These health issues require an MD/MBA to manage. First, a typical 80-84 year-old will be on a regimen of at least 8 medications – mismanagement of which can result in all kinds of complications and horrors, including a visit to the hospital and ensuing chaos.

Aside from medicine management, a huge task lies in evaluating home safety, managing depression, keeping track of medical records, and watching out for or managing memory loss. Skilled geriatricians and enlightened primary care doctors, who can help you with all of these issues, are few and far between. Thus, physician interaction and management is yet another component that you will have to add to your responsibilities.

Finally, there’s a great deal more to say about our health care system, but I’ll just start with this: you have to remember that healthcare decisions made by hospitals and other providers can get distorted by their priorities, which are often unrelated to what the patient most needs. For example, hospital discharge planners are often under more pressure to free up beds and get patients discharged quickly than to find the best time and place for patients to go.

***Hope you’re enjoying the summer!***  
***The Friends***



To celebrate “**Italian Heritage Month**” in style, send your check for **\$25** to the COA Assoc., 71 Cleveland Avenue, Braintree, MA 02184, to reserve your seat at the “**Italian Feast**”, scheduled for **Mon., October 5<sup>th</sup>**, from **5:00-7:00 p.m.**