



Joseph C. Sullivan
Mayor

Office of the Mayor

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Braintree Community Partnership on Substance Use

Meeting Minutes

April 26, 2017

6:30-8:30PM

Persons Present: Robyn Houston-Bean, John Carvello, Mike Cavanaugh, Daniel Cleggett, Sean Conroy, Laura Crowley, Lee Dingee, Laurie Donovan, Marta Googins, John Griffin, Don Harrington, Shannon Hume, Jessica Koelsch, Kim Kroeger, Robyn LaFrance, Brian Leary, Carolyn Loud, Julie Manning, Marci McDonough, John McGahan, Roger Medeiros, Laurie Melchionda, David Morgan, Michael Owens, Jennifer Picard, Peter Thompson, Jon Wilson, Ed Woo, Kathi Wood, Anita Young.

Meeting Commenced: 6:45PM

Minutes

Agenda Item: Welcome
Jessica Koelsch opened the meeting at 6:45 pm and introductions were done.
Agenda Item: Speaker
Sean Conroy, Unity Family Community
Sean Conroy introduced <i>Unity Family Community</i> and discussed the reasoning behind the development of this new meeting. He explained that persons with an addiction can recover and find support but there are not many opportunities for the family to recover. He explained his desire to give back to the community and provide family support from a different perspective. The Unity Family Community meetings will be held on Monday nights at 7 pm at St. Thomas More Church beginning May 1.
Jessica Koelsch remarked that there are a lot of community resources coming to fruition and all of this is positive for Braintree residents and the region.
Mike Owens thanked Sean Conroy for starting this new group and commented that more meetings similar to <i>Unity Family Community</i> are needed, and specifically policy-oriented meetings. Mike Owens asked if there is a one page notice on the Partnership meetings that can be shared. The response to that is that there isn't but one can easily be designed.
Mike Owens explained that he would like to see the Partnership get back to addressing long range

objective planning.

Jessica Koelsch explained that she is in the process of solidifying long term objectives including the plan to hire a facilitator consultant to meet with the Steering Committee to develop a new mission statement.

Agenda Item: Meeting Guidelines

Jessica Koelsch discussed meeting guidelines to keep the meeting focused on the agenda. She explained her implementation of a "Parking Lot" during meetings for ideas that arise and cannot be addressed at length at the meeting.

Marta Googins, Brian Leary, Lee Dingee, Kathi Wood and others offered feedback on keeping the meeting agenda and timing to the scheduled time. It was asked if it was possible to share the meeting agenda in advance and ask members to give feedback on the agenda and determine what the focus points will be and how much time is invested in each agenda item. The overall feedback is "less is more" and "let's get to work" and get things done.

Jessica explained the role of the Steering Committee's work and asked that ideas and information be sent to Jessica or any Steering Committee member. There was some discussion relating to the Partnership administrative process.

Mike Owens recommended that a lot of information be emailed to allow for valuable meeting time to be devoted to discussing goals and objectives.

Jon Wilson offered feedback concerning the focus of the new Steering Committee and the next meeting agenda.

Agenda Item: Events

Laurie Melchionda reported that participation and interest in the Amazing Healthy Race is down. They extended the deadline to sign up but will determine over the next day or two if the event needs to be cancelled. Laurie discussed melanoma and Anita Young brought up the subject of the Boston Health Commission and sugary drinks as possible topics for the Amazing Healthy Race.

Hidden In Plain Sight will be at Town Hall 9am -8pm on April 27. Household Hazardous Waste Day and Rx medication take back is April 29. Prom events and the Braintree July 4 celebration were noted and the Partnership will have an information table and march in the parade.

Brian Leary announced a meeting hosted by the Rockland Chamber of Commerce and Rockland Cares and passed around the information brochure on that.

Agenda Item: Committees

Jessica Koelsch said the Resource Center committee is dissolved now that the information centers are identified and fully supplied with substance use prevention and treatment information literature. Mike

Owens asked about signage and specifically the lack of a sign at the Fire Department Headquarters.

Dan Clegget introduced himself and said he operates sober housing in Weymouth and he is available 24 hours day/7 days week to talk to anyone who needs help and this is his full time job.

Anita Young asked how the local clergy is addressing the opioid epidemic and substance use issues with their congregations. A discussion on this subject began and Jon Wilson and Robyn Houston Bean said they have discussed having an all faith based event to talk about addiction.

Jessica Koelsch gave an update on the Data Committee. Due to her maternity leave, she was unable to outreach to the Data Committee members, but plans to do so in the upcoming weeks.

Kathi Wood gave an update on the Logo Committee explaining that they are in the process of compiling content for the Partnership website. Kathi described the updated site plan.

Jessica Koelsch discussed the purpose of the Logo Committee and the plans for other marketing materials. She asked that all ideas for website information be sent to her. A layout of the website is expected next week. Kathi Wood asked to send that to the entire body.

Dan Cleggett inquired if the Partnership has any involvement with a Recovery Coach and he explained recovery coaches from Bay State Community Services and their partnership with Brockton Police called the Champion Program.

Agenda Item: Department Updates

Officer Ed Woo reported on the police work done at the public schools and at CATS Academy addressing various topics including drugs and sexual assault.

Ed said he is working on a "Champion" type of program and Dan Cleggett offered to help the police department in any way.

Dr. Hackett gave an interesting and passionate presentation on the work with the SBIRT. He provided a brief data report from the first screening and explained that the School Department will continue this form of relationship building with grade 9 students. He said that participation was nearly 97% (96.9?). Laurie Melchionda explained that this is based on the CRAFT model.

Ed Woo asked Sean Conroy if he had the opportunity to have an SBIRT screening at grade 9 age, would he have asked for help or communicated his issues? Would that have made a difference in his life? The response was no because he thought he was having a good time and didn't realize it was a problem until later in his life.

Last! Jessica Koelsch announced a press conference scheduled for Monday, May 1 and organized by the Attorney General's office. This will be a \$20,000 check to do opioid education in middle school.

Action/Follow-up Items

Task	Person(s) Responsible	Due
Incorporate feedback into future meetings	Steering Committee	Next Partnership meeting (May 24 th)

Meeting Adjourned: 8:30 PM

Next Meeting: May 24, 2017 in Town Hall

Note-Taker: Robyn LaFrance