



June 2018

Town of Braintree Department of Elder Affairs

71 Cleveland Avenue, Braintree, MA 02184

Hours: 8:30 AM– 4:30 PM

“Live, Learn, Laugh and Be Happy”

Mayor Joseph C. Sullivan

Sharmila Biswas: Director

Mary Howland: Outreach Coordinator

Therese Jarrett: Services Coordinator

Amanda Santagate: Coordinator of Volunteers

William Murphy: Custodian

Frank DeFrancesco: Transportation Services

PHONE: 781-848-1963

FAX: 781-848-2835

WEBSITE: www.townofbraintreegov.org

Please note you may sign up for all activities on Friday, June 1 after 9:30 AM.

Please do not call earlier to request to be signed up for an activity unless otherwise noted in the newsletter.

Thank you for your patience and understanding.



Cape Cod Lobster Roll Cruise

Tuesday, July 24 from 10:30 AM-4:00 PM

\$55.00 Tickets will be on sale after 9:30 AM Friday, June 1

Please make checks payable to Braintree Department of Elder Affairs

Enjoy spectacular views and a delicious lunch aboard the S.S. Lobster Roll.

Relax while gliding along the calm waters of Sesuit Harbor and into picturesque Cape Cod Bay.

Luncheon menu choices include: (sandwiches are served with potato chips and coleslaw)

The Lobster Roll: A sandwich so good they named their boat after it! A grilled roll, a little lettuce and tomato and stuffed with fresh native lobster meat with a hint of celery and mayo.

Roast Beef Rollup: Certified Black Angus prime rib, sliced thin and piled into a whole wheat lavash bread with lettuce, tomato and light mayo.

Vegetarian Rollup: Fresh medley of summer vegetables and tomato rolled in a whole wheat lavash bread served with a hint of mayo.

Chicken Caesar Salad: Marinated chicken breast grilled and stacked atop crisp romaine lettuce tossed with our Caesar dressing, parmesan cheese and seasoned croutons.

Your ticket price includes transportation, driver gratuity, lunch and cruise.

Please note the following details: Moderate walking required. All trips are held rain or shine. If possible, please carpool and park your car in the field for all day trips. Priority will be given to Braintree residents. A wait list will be taken for out of town residents. Seating is very limited and tickets sell quickly. Please pick up your ticket the first weekday of the new month, cash or check.

*U.S. Disabilities Act of 1990-Town of Braintree: A handicapped accessible coach bus may be made available upon receipt of notice provided to The Department of Elder Affairs at least 30 days prior to trip date by calling 781-848-1963.

Greetings Everyone...

*“Volunteers are paid in six figures..SMILES”
The breeze, the trees, the honey bees, all VOLUNTEERS*

Allow me to take this opportunity to thank the extraordinary women and men who spend many hours volunteering their time at the Department of Elder Affairs. We, the staff, sincerely strive to offer our senior residents of the town of Braintree, information, services and programs which empower them to live a happy, healthy and an independent life. But nothing can be fully achieved without you. You, our remarkable volunteers! From serving coffee in our kitchen, to giving rides for medical appointments and helping people navigate through the maze of Health Insurance, you make a difference. For the last several years, it has been my absolute pleasure to work with you and I salute each and everyone of you. You help us fill in the gaps, you make us complete.

As I write this article, we are getting ready to celebrate our “Volunteer Recognition”, a day, we are honored to formally say, “Thank you”, to a special group of people. As we get closer to the Day, we will see Amanda Santagate, our Coordinator of Volunteers, getting busy. Amanda has been with us now, for over a year and has been doing an impeccable job. She is precise and handles everything with ease and has quite a creative flare. We are very lucky to have her on our team and I know most of you are quite familiar with her by now.

I would also like to thank our Mayor, Joseph Sullivan, his office staff, Senator Keenan, Representative Mark Cusack and their staff for the continuous support they provide and last but not least, **All of you. You make it possible.**

Thank you,
Sharmila



South Shore Elder Services (SSES)

Bobby Kay Davis, Senior Supervisor Home Care and Community Outreach

SSES, is the designated Aging Services Access Points (ASAP) and Area Agency on Aging (AAA) for 11 communities on the South Shore. Their mission is to provide and maintain an optimal level of elder independence through the coordination of resource, advocacy and care giver support. Bobby Kay, will discuss the various programs that are available and the eligibility requirements for these services. She will also present the many plans that are available for promoting and maintaining an elder's independence at home.

Date: Tuesday, June 12

Time: 10:00 AM

Where: Braintree Department of Elder Affairs

Sign Up: Please call 781-848-1963.

This is a community event; all are welcome to attend

Social Security Administration Office

Please note the Social Security Administration Office in Quincy is now located at:

1515 Hancock Street Suite 403

Quincy, MA 02169

Phone: 866-563-4392

Office Hours:

Monday 9:00 AM-4:00 PM

Tuesday 9:00 AM-4:00 PM

Wednesday 9:00 AM-12:00 PM

Thursday 9:00 AM-4:00 PM

Friday 9:00 AM-4:00 PM

Phone: 800-772-1213

Website: www.socialsecurity.gov

TTY: 800-325-0778

Special Activities and Meetings: See our calendar for a complete list of activities

2nd & 4th Monday	Bereavement Support Group	2:00 PM
Mondays in June	Spanish: introductory conversational see page 13 for details	10:00 AM
Every Tuesday	Shine Insurance Counseling	10:00 AM
Tuesdays	Beginner Computers: call to sign up	9:30 AM
Tuesdays	Intermediate Computers: call to sign up	10:45 AM
Every Tuesday	Rummikub	10:00 AM
Every Wednesday	Asian Outreach 長者服務	10:00 AM
Friday, June 1	Fun Friday Movie: <i>The Terminal</i> ; see page 15 for details	1:00 PM
Tuesday, June 5	Low Vision Group	10:00 AM
Wednesday, June 6	BINGO	1:00 PM
Friday, June 8	Western Legends: Black Bart; see page 15 for details	11:00 AM
Friday, June 8	Fun Friday Movie: <i>Did You Hear About the Morgans?</i> ; see page 15 for details	1:00 PM
Monday, June 11	Belles and Beaux Musical Entertainment	1:00 PM
Tuesday, June 12	South Shore Elder Services program; see page 3 for details	10:00 AM
Thursday, June 14	World War II Letters, presented with Thayer Library; see page 14 for details	1:00 PM
Friday, June 15	Mass. Audubon Society: Bird Migration; see page 7 for details; \$2	11:00 AM
Friday, June 15	Fun Friday Movie: <i>Fever Pitch</i> ; see page 15 for details	1:00 PM
Monday, June 18	Baseball Show with Howie Newman; see page 13 for details; \$2	1:00 PM
Tuesday, June 19	Telecommunications Equipment Mass EDP; see page 7	10:00 AM
Tuesday, June 19	AARP entertainment by Mr. DJ	1:30 PM
Wednesday, June 20	BINGO	1:00 PM
Thursday, June 21	Fall Prevention and Balance with Bay State Physical Therapy: see page 7	10:00 AM
Friday, June 22	Dental & Oral Health Wellness	10:00 AM
Friday, June 22	Fun Friday Movie: <i>The Greatest Game Ever Played</i> ; see page 15 for details	1:00 PM
Monday, June 25	Andy Griffith Show; see page 13 for details	1:00 PM
Tuesday, June 26	Trip: Charles River Cruise	
Wednesday, June 27	Monthly New Movie: <i>Murder on the Orient Express</i> ; see page 14 for details	12:00 PM
Thursday, June 28	Monthly luncheon and music with Chris Waters; see page 6 for details; \$7	12:00 PM
Friday, June 29	Fun Friday Movie: <i>A Good Year</i> ; see page 15 for details	1:00 PM

Free Blood Pressure Clinics

Every Tuesday	Braintree Town Hall	3:00-4:00
Every Friday	Braintree Town Hall	9:00-10:00
Wednesday, June 6	Department of Elder Affairs	12:15-1:00
Monday, June 11	Heritage Housing	12:00-12:30
Thursday, June 14	Independence Housing	10:30-11:30
Wednesday, June 20	Department of Elder Affairs	12:15-1:00
Tuesday, June 26	Roosevelt Housing	12:00-12:30

Shopping Shuttle Schedule

Reservations: please call 781-848-1963; 48 hours in advance.

Pick-up time between: 9:30 to 10:00 AM
 Return time between: 11:30 AM to 12:00 PM

Tuesday, June 5	Roche Bros.
Thursday, June 7	Shaw's
Tuesday, June 12	Shaw's
Thursday, June 14	Shaw's
Tuesday, June 19	Stop & Shop
Thursday, June 21	Stop & Shop
Tuesday, June 26	Roche Bros.
Thursday, June 28	Shaw's

Special Shopping Trip: Friday, June 8 to Walmart

Monthly Luncheon Thursday, June 28 at Noon



Menu: Homemade Chicken Soup and Sandwiches

\$7 lunch tickets are available for purchase beginning Friday, June 1, after 9:30. Priority will be given to Braintree residents. A wait list will be taken for out of town residents.

Entertainment will be provided by Chris Waters.



Elder Affairs is a New Polling Location

Notice: Voters in District 4A: East Middle School

Effective immediately your voting polling location has changed from East Middle School Gymnasium, 305 Middle Street to the Elder Affairs Building, 71 Cleveland Avenue

Services

- **Outreach:**
Information & Referral
Advocacy
Friendly Visitor & Library Express
- **Transportation:** please call to reserve
Medical Van Rides
Senior Center Activity Rides
Shopping Shuttles
- **Recreation:**
Monthly Lunches
Social Activities
Special Events & Educational Seminars
Day Trips
Health and Fitness Classes
- **Support Groups:**
Low Vision Meetings
Alzheimer's Support Meetings
Bereavement Support Group
- **TRIAD:** senior safety
- **SHINE:** health insurance counseling;
please call for an appointment
- **Ask the lawyer:** free consultations;
please call for an appointment
- **Medical Equipment Loans:**
wheelchairs, walkers, canes, shower seats
and commodes; **please call ahead.**

Bocce Courts are Open!

Tuesdays at 9:30 AM.
Please call for further details.



Fall Prevention & Balance

Bay State Physical Therapy will be providing walking and balance testing to assess the risk of fall. They will offer tips for safe ambulation in the community and demonstrate low impact cardiovascular and balance work along with strength training and stretching exercises.

Date: Thursday, June 21
Time: 10:00 AM
Where: Braintree Department of Elder Affairs
Sign Up: Please call 781-848-1963 June 1st



Bird Migration & Backyard Birds

Come learn and be amazed about the beauty of Massachusetts wildlife. This illustrated lecture will be about the secret life of many migratory and common backyard birds in Massachusetts.

Date: Friday, June 15
Time: 11:00 AM
Where: Braintree Department of Elder Affairs
Sign Up: Please call 781-848-1963 June 1st
\$2 due at sign up.



Alzheimer's Support Group

Marilynn Strauss, Director
Long Term Care Ombudsman Program,
South Shore Elder Services

Derived from a Swedish word, Ombudsman is a public official charged with responsibilities of investigating complaints of abuse. Certified by the Executive Office of Elder Affairs, Ombudsmen regularly visit Long-Term Care Facilities. They serve as an **advocate for the rights of residents who live in these facilities**. Ombudsmen do not work for the facilities but serve as a liaison between the resident and the Nursing Home. If you have a loved one in a facility, or if you know of someone who lives in one, or you have any questions or concerns, please come to this very important presentation.

Everyone is welcome.

Date: Tuesday, June 26
Time: 5:00 PM
Where: Braintree Department of Elder Affairs
Sign Up: Please call 781-848-1963
Refreshments provided courtesy of Grove Manor Estates

Telecommunications Equipment

Massachusetts Equipment Distribution Program will be here to share information regarding the various types of relay services available including TTY, Speech to Speech and Captioned Relay to assist individuals who are deaf, blind, hard of hearing and have speech challenges. Information will also be provided about equipment that in most instances is available at no cost.

Date: Tuesday, June 19
Time: 10:00 AM
Where: Braintree Department of Elder Affairs
Sign Up: Please call 781-848-1963 June 1st



MONDAY



TUESDAY

WEDNESDAY

*Special activities will have an article about the event. Please wait to call until after the first day of the month to sign up.

*There are fees for all exercise programs. Call for information regarding these charges.

*All other activities are \$.50 donation to help with the expenses of the Department of Elder Affairs.

4

9:30 Current Events
10:00 Spanish #1
10:30 Chair Yoga
12:00 Qi Gong/Tai Chi
12:00 Trivia
12:00 Pool Players
12:00 Poker



5

Shopping Shuttle: Roche Bros.
9:00 S&S Bus (housing)
9:30 Computers: **Beginners**
10:00 Low Vision
10:00 Walking Group: Pond Meadow
10:00 SHINE insurance help free by appointment
10:00 Rummikub
10:45 Computers: **Intermediate**
12:30 Bridge
12:30 Cribbage

6

9:15 Cardio, Strength and Flexibility
10:00 Asian Outreach Program 長者
12:00 Pool Players
12:00 Poker
1:00 BINGO



11

9:30 Current Events
10:00 Spanish #2
10:30 Chair Yoga
12:00 Qi Gong/Tai Chi
12:00 Pool Players
12:00 Poker
1:00 Belles & Beaux
Thank you Royal Rehabilitation for donating the cake for Belles and Beaux.
2:00 Bereavement Support Group



12

Shopping Shuttle: Shaw's
9:00 S&S Bus (housing)
9:30 Computers: **Beginners**
10:00 Walking Group: Smith Beach
10:00 SHINE insurance help free by appointment
10:00 Rummikub
10:00 South Shore Elder Services
10:45 Computers: **Intermediate**
12:30 Bridge
12:30 Cribbage

13

9:15 Cardio, Strength and Flexibility
10:00 Asian Outreach Program 長者
12:00 Pool Players
12:00 Poker

18

9:30 Current Events
10:00 Spanish #3
10:30 Chair Yoga
12:00 Qi Gong/Tai Chi
12:00 Trivia
12:00 Pool Players
12:00 Poker
1:00 Baseball Show with Howie Newman



19

Shopping Shuttle: Stop & Shop
9:00 S&S Bus (housing)
9:30 Computers: **Beginners**
10:00 Walking Group
10:00 SHINE insurance help free by appointment
10:00 Rummikub
10:00 Telecommunication Equipment
10:45 Computers: **Intermediate**
12:30 Bridge
1:00 Ask the Lawyer: free by appointment
12:30 Cribbage
1:30 AARP

20

9:15 Cardio, Strength and Flexibility
10:00 Asian Outreach Program 長者
12:00 Pool Players
12:00 Poker
1:00 BINGO
1:00 Hearing Exams: free by appointment



25

9:30 Current Events
10:00 Spanish #4
10:30 Chair Yoga
12:00 Qi Gong/Tai Chi
12:00 Trivia
12:00 Pool Players
12:00 Poker
1:00 Geronimo
1:00 Andy Griffith Show
2:00 Bereavement Support Group



26

Trip: Charles River Cruise
Shopping Shuttle: Roche Bros.
9:00 S&S Bus (housing)
9:30 Computers: **Beginners**
10:00 Walking Group
10:00 SHINE insurance help free by appointment
10:00 Rummikub
10:45 Computers: **Intermediate**
12:30 Bridge
1:00 Ask the Lawyer: free by appointment
12:30 Cribbage
5:00 Alzheimer's Support

27

9:15 Cardio, Strength and Flexibility
10:00 Asian Outreach Program 長者
12:00 Pool Players
12:00 Poker
12:00 New Movie: *Murder on the Orient Express*



Y

THURSDAY

FRIDAY

y Class
服務

1

9:15 Cardio, Strength and Flexibility Class
10:00 Weight Loss Group
12:00 Pool Players
12:00 Women's Poker
1:00 **Fun Movie Friday: *The Terminal***

y Class
服務

7
Shopping Shuttle: **Shaw's**
9:30 Mah Jongg
11:30 Quilting Group
12:00 Chair Yoga
1:00 Art Group
1:00 Knit/Crochet

8
Shopping Shuttle: Walmart
9:15 Cardio, Strength and Flexibility Class
10:00 Weight Loss Group
11:00 **Western: Black Bart**
12:00 Pool Players
12:00 Women's Poker
1:00 **Fun Movie Friday: *Did You Hear About the Morgans?***

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服務

14
Shopping Shuttle: **Stop & Shop**
9:30 Mah Jongg
10:00 Photography
11:30 Quilting Group
12:00 Chair Yoga
1:00 Art Group
1:00 Knit/Crochet
1:00 **World War II Letters**



15
9:15 Cardio, Strength and Flexibility Class
10:00 Weight Loss Group
11:00 **Audubon Society: Bird Migration**
12:00 Pool Players
12:00 Women's Poker
12:30 **Ask the Lawyer: free by appointment**
1:00 **Fun Movie Friday: *Fever Pitch***
2:00 Dept. of Elder Affairs Board Meeting



y Class
服務

21
Shopping Shuttle: **Shaw's**
9:30 Mah Jongg
10:00 **Bay State Physical Therapy: Fall Assessments**
10:30 **Book Club: *All the Light We Cannot See***
11:30 Quilting Group
12:00 Chair Yoga
1:00 Art Group
1:00 Knit/Crochet



22
9:15 Cardio, Strength and Flexibility Class
10:00 Weight Loss Group
10:00 **Dental & Oral Health Wellness**
12:00 Pool Players
12:00 Women's Poker
1:00 **Fun Movie Friday: *The Greatest Game Ever Played***



y Class
服務

28
Shopping Shuttle: **Stop & Shop**
9:30 Mah Jongg
10:00 Photography
11:30 Quilting Group
12:00 Chair Yoga
12:00 **Monthly Luncheon & Music with Chris Waters**
1:00 Art Group
2:00 COA Board Meeting



29
8:30 **Day of Beauty at Blue Hills Salon 800**
9:15 Cardio, Strength and Flexibility Class
10:00 Weight Loss Group
12:00 Pool Players
12:00 Women's Poker
1:00 **Fun Movie Friday: *A Good Year***
1:00 Knit/Crochet:

Outreach Department

Making healthy food choices is important. The National Institute on Aging offers the following tips for better health.

Drink plenty of liquids - With age you may lose some of your sense of thirst. Drink water often. Low-fat or fat-free milk or 100% juice also helps you stay hydrated. Limit beverages that have a lot of added sugars or salt.

Make eating a social event - Meals are more enjoyable when you eat with other people. Invite a friend to eat with you or take part in a pot-luck at least twice a week. Many times meals are offered at such places as Senior Centers and Places of Worship.

Eat healthy foods - Get information on which foods to choose and how much to eat based on the Dietary Guidelines for Americans on the following websites. From the USDA <https://www.ChooseMyPlate.gov> and from the National Institute on Aging at <https://www.nia.nih.gov/health/healthy-eating>.

Know how much you should eat - Control portion size. When eating out, some dishes from restaurants may be enough for two meals. You may want to pack part of your meal to eat at a later time.

Eat a variety of vegetables - Eat a variety of different colored vegetables to brighten your plate. Most vegetables are low in calories. They are also a good source of fiber.

If you are having trouble eating because of your teeth or gums - eating softer foods can help. Try cooked or canned foods such as unsweetened fruit, low-sodium soups, and canned tuna.

Use herbs and spices - As you age, your sense of smell and/or taste may change. Medicines also may change how foods taste to you. Use herbs and spices to add flavor to your food.

Keep food safe - A food-related illness can be life threatening for an older person. It is important to throw out food that might not be safe. Avoid foods that are risky for an older person such as unpasteurized dairy foods. Other foods can be harmful to you when they are raw or undercooked such as meat, poultry, fish, shellfish, eggs, or sprouts.

Read food labels - Pay attention to nutrients as well as calories, fats, sodium, and the rest of the Nutrition Facts Label. Ask your doctor if there are ingredients and nutrients you might need to limit or increase.

Ask your Doctor about vitamins or supplements - Should you take any dietary supplements such as vitamins or other pills or powders with herbs and minerals? Ask your doctor. Your doctor will know if you need them. Some can interfere with your medicines or affect your medical conditions.

July 4th Time Capsule Society Event

Bi-Centennial Time Capsule Society Celebrates America's Birthday

Honoring our Nation's past, present and future, the Braintree's Bi-Centennial Time Capsule Society will hold its annual event ON WEDNESDAY, July 4th at 9AM at Town Hall's Cahill Auditorium.

This is a free, family-friendly, patriotic program and a GREAT way to kick off your Holiday!

From the Chairman of the Board Hank Joyce

It has taken six weeks for spring to finally arrive in Braintree and lets hope it stays around for awhile.

I hope all the mothers had a great Mother's day and really enjoyed themselves. The trip to the Cape Cod Irish Village sold out really fast, so I hope everyone had a great time. The movie on the 25th was *Something's Gotta Give*, a great comedy with Jack Nicholson and Diane Keaton.

The month of June has some good informational speakers coming to the senior center:
June 15th, the Mass Audubon will be here to discuss bird migration and backyard birds.
June 18th Howie Newman will be with us to do his baseball show with songs, trivia and stories.
So please make every effort to enjoy the senior center while the weather is good.

The Joyce Family has added a new addition to the family on May 1st with the birth of Tanner Henry Joyce. Everyone is doing fine.

The beloved Boston Red Sox have started the baseball season with a lot of excitement. They have won 29 games already with only 9 losses and 1 game in front of those Damn Yankees. It is going to be a long baseball season with a lot of excitement.

I hope everyone gets a chance to get out and enjoy the fine weather. If you need anything, do not hesitate to call the senior center @ 781-848-1963. Be careful and be safe.



Elder Abuse Awareness Day June 15, 2018

Are you or someone you know:

- Not getting needed essential care**
- Bruised or injured**
- Emotionally mistreated**
- Living in an unsafe environment**
- Afraid or confused**
- Isolated**
- Unable to pay bills**



Asking for help may be difficult, but you are not alone and help is available.

To make a report, call the Elder Abuse Hotline at 1-800-922-2275, 24 hours a day.

South Shore Elder Services, Protective Service Program assists people in the community 60 years and older, who are at risk of or victims of Physical Abuse, Emotional Abuse, Sexual Abuse, Financial Exploitation and Self Neglect.

The Protective Service program takes a non-judgmental approach and seeks to achieve safety with the least disruption of lifestyle.

There will be poster presentations all week in our main hallway and Staff from South Shore Elder Services will be available on June 15, 2018 to answer any questions or concerns you may have.

Dental & Oral Health Wellness With Dr. Cheng

Braintree dentist, Dr. Alice Cheng, will be addressing the importance of good oral hygiene and answering your dental questions. Tips and techniques will be discussed, as well as the latest treatment options in dentistry.

For those interested, Dr. Cheng will also be offering oral cancer screenings and fluoride treatments. Stop by and pick up home care items such as toothbrushes, toothpaste, denture adhesive and cleaners.

Date: Friday, June 22

Time: 10:00 AM

Where: Braintree Department of Elder Affairs

Sign Up: Please call 781-848-1963 after 9:30 June 1.

This is a community event; all are welcome to attend



Introduction to Spanish

Have you always wanted to learn Spanish?

Liliana Trujillo Gallardo will teach you conversational Spanish and some interesting information about her home country.

You'll be saying more than gracias in no time!

Date: Mondays in June

Time: 10:00 AM

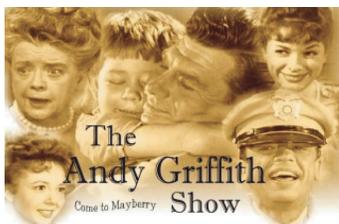
Where: Braintree Department of Elder Affairs

Sign Up: Please call 781-848-1963 ASAP



Celebrate Father's Day With the Best Dad Monday, June 25, 1 PM

It has been nearly sixty years since Sheriff Andy Taylor first took his son, Opie, for an afternoon of fishing and Americans have been whistling the theme song to "The Andy Griffith Show" ever since. As we mark **Father's Day** this month, we wanted to showcase two episodes of this famous show, led by one of the most famous TV **Dads**. Andy was Opie's Dad, but his character also portrayed a father like figure to the crazy cast of characters that inhabited the small town of Mayberry, North Carolina. Please join us as we travel back to Mayberry to visit with Andy, Barney, Gomer, Aunt Bea, Opie, and Thelma Lou. **Chris Griffin** from Mayor Sullivan's office will be joining us. He will have some Trivia questions and he may even lead us in singing the show's theme song (you didn't know it had lyrics, did you?). So please come join us as we celebrate our **Dads**.



Howie Newman's Baseball Show!

Please join us as we welcome Howie Newman and his Baseball Show. He will play baseball songs, trivia and tell stories about his days as a sportswriter on the Red Sox beat.

Date: Monday, June 18

Time: 1:00 PM

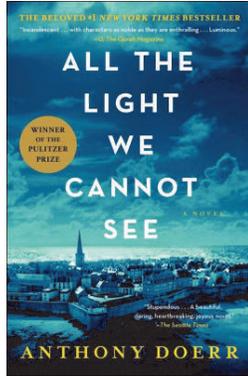
Where: Braintree Department of Elder Affairs

Sign Up: Please call 781-848-1963 after 9:30 June 1
\$2 due at sign up



Monthly Book Club
Thursday, June 21
10:30 AM

Please join us for refreshments and lively conversation as we discuss the monthly book selection. Thayer Public Library supplies the book at no cost.



Book: All the Light We Cannot See
Author: Anthony Doerr

Plot: Winner of the Pulitzer Prize, the stunningly beautiful story about a blind French girl and a German boy whose paths collide in occupied France as both try to survive the devastation of World War II.

Monthly New Movie
Wednesday, June 27
12 Noon

Lights, Camera, Action! Please join us for our monthly movie while enjoying popcorn and coffee.



Movie: *Murder on the Orient Express*
Rated: PG-13
Length: 1 hour 54 minutes
Genre: Drama/Mystery

Plot: A lavish trip through Europe quickly unfolds into a race against time to solve a murder aboard a train. When an avalanche stops the Orient Express dead in its tracks, the world's greatest detective, Hercule Poirot, arrives to interrogate all passengers and search for clues before the killer can strike again.

From the Recycling Department

Did you know one recycled aluminum can equals 3 hours of power for a laptop or 2 hours for a TV?

Recycling Right saves natural resources, reduces trash & reuses materials. Putting contaminants such as plastic bags and trash and in the recycling cart causes that load of recycling to be rejected at the processing plant which creates extra costs.

You can make a difference by Recycling Right.



Mom's WWII Letters

Come join us as we hear the story of how Corinne Hosfeld Smith found her mother's stash of letters from 16 servicemen that she had corresponded with in 1944-1945. Smith began to trace the soldiers' family trees with one goal in mind: to return the letters in person to their children.

Date: Thursday, June 14
Time: 1:00 PM
Where: Braintree Department of Elder Affairs
Sign Up: Please call 781-848-1963 after 9:30 June 1
This program is presented in collaboration with Thayer Public Library.

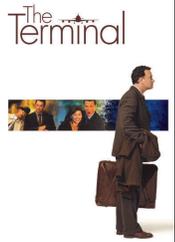


Fun Movie Fridays at 1:00 PM

Friday, June 1: *The Terminal*; PG-13; 2 hours 8 minutes

Starring: Tom Hanks and Catherine Zeta-Jones

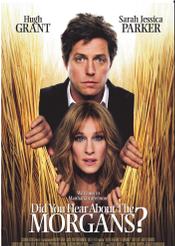
Viktor, an Eastern European tourist, arrives at JFK in New York. War breaks out in his country and he finds himself caught up in international politics. Because of the war, the Department of Homeland Security won't let him enter or exit the United States. He's trapped at JFK indefinitely. While living at the airport, Viktor falls for a flight attendant. She may have feelings for him too, but what good is love if Viktor can't leave the terminal?



Friday, June 8: *Did You Hear About the Morgans?*; PG-13; 1 hour 43 minutes

Starring: Hugh Grant and Sarah Jessica Parker

New Yorkers, Paul and Meryl Morgan, seem to have it all, except that their marriage is crumbling around them. Their romantic woes are small compared to the trouble they find themselves in after witnessing a murder. To protect them from an assassin, federal agents whisk away Paul and Meryl to a small town in Wyoming, where their marriage will crash and burn, or their passion will reignite.



Friday, June 15: *Fever Pitch*; PG-13; 1 hour 44 minutes

Starring: Jimmy Fallon and Drew Barrymore

When Ben, a young teacher, begins dating pretty businesswoman Lindsey, the two don't seem to have a lot of the same interests, but they fall in love, regardless. Their romance goes well until baseball season begins, and Lindsey soon realizes that Ben is completely obsessed with the Boston Red Sox. Though she tries to understand Ben's passionate team loyalty, eventually it threatens to end their otherwise happy relationship.



Friday, June 22: *The Greatest Game Ever Played*; PG-13; 2 hours

Starring: Shia LaBeouf

Blue-collar Francis Ouimet fights class prejudice while mastering golf, a game guarded by the upper crust. Employed as a caddy at the exclusive Brookline Country Club, Francis fine-tunes his skills during off hours. His father disapproves, but a few admirers help Francis enter the 1913 U.S. Open. The underdog competes against British star Harry Vardon and finds common ground with his boyhood idol. The film is based on a true story.



Friday, June 29: *A Good Year*; PG-13; 1 hour

Starring: Russell Crowe and Albert Finney

Failed London banker Max Skinner inherits his uncle's vineyard in Provence, where he spent many childhood holidays. Upon his arrival, he meets a woman from California who tells Max she is his long-lost cousin and that the property is hers.



Western Legends: Black Bart

Dan Seligman is back to host a monthly series to discuss the truth behind the Westerns and the life of a legend who lived in the American West during the late 19th century. This month will feature the life and times of legendary outlaw, **Black Bart**. The American West has been portrayed extensively in westerns and Dan uses historical records with the intention of presenting the unvarnished truth.

Date: Friday, June 8

Time: 11:00 AM

Where: Braintree Department of Elder Affairs

Sign Up: Please call 781-848-1963 June 1st

This is a community event; all are welcome to attend

It Happened In June

1910 The first Father's Day was celebrated in Spokane, Washington.

1942 Pledge of Allegiance was formally adopted by Congress.

1956 Elvis Presley introduced his new single, 'Hound Dog', on The Milton Berle Show

1971 The Ed Sullivan Show aired for the very first time on CBS.

1975 Hollywood's first major summer blockbuster, Jaws, opened in theaters.

2007 Apple released its first mobile phone, the iPhone.

2009 Eastman Kodak Company announced that it would discontinue sales of the Kodachrome Color Film.

Braintree Department of Elder Affairs
71 Cleveland Avenue
Braintree, MA 02184

Place
Stamp
Here



Please recycle

Braintree Department of Elder Affairs: Information & referral, Outreach assistance, transportation - both local & Title IIIB SSES grant funded MAP rides to Boston, shopping, SHINE insurance help, TRIAD services, healthcare clinics, support groups, informational seminars, recreation/activities, trips, tax counseling, medical equipment loans, resale & craft shops and many volunteer opportunities.

The office of Braintree's Veterans Agent, Cynthia Harris, is located in the Department of Elder Affairs building.
Phone: 781-794-8217

Braintree Dept. of Elder Affairs ~ 2017 Board Members

Henry (Hank) Joyce, Chairman of the Board

Wayne Gilbert, Vice Chairman
Ann Moore, Secretary
Leland Dingee
Carol Whittall

Mary Cirignano
Dave Shepherd
Jane Fogg

June Newman
Robert Caruso, Treasurer
Lucille Barton

Dear Friends,

The Annual Meeting took place on Friday, May 11th. If you weren't there, you missed a good time. I'm writing this article having just returned from the meeting.

Those present enjoyed a delightful lunch of finger sandwiches and other fixin's, as well as some wonderful sing-along entertainment with Paul Agnew and John Capavella of Songbook Productions.

The Nominating Committee submitted its recommendations, and the slate of officers was voted as follows:

John J. Ryan, Jr. – President
Richard Leccese – Vice President
Virginia M. Polio – Treasurer
John Thompson – Secretary

We are very grateful that Dolly Mullowney again made the beautiful centerpieces that some lucky members got to take home. We welcome you to attend our monthly meetings, which are scheduled on the fourth Thursday of each month, except during July, August, November, and December. Hope to see you on June 28th at 2:00 p.m. Best regards, The Friends

The Braintree Department of Elder Affairs' newsletters are available at Town Hall, Thayer Public Library, banks, supermarkets, pharmacies, churches and some medical facilities. Please view online: www.townofbraintreegov.org
Donations to The Braintree Department of Elder Affairs are greatly appreciated. Thank you to all who have generously donated to support our wonderful programs.