



September 2018

Town of Braintree Department of Elder Affairs

71 Cleveland Avenue, Braintree, MA 02184
Hours: 8:30 AM– 4:30 PM

“Live, Learn, Laugh and Be Happy”

Mayor Joseph C. Sullivan

Sharmila Biswas: Director

Mary Howland: Outreach Coordinator

Therese Jarrett: Services Coordinator

PHONE: 781-848-1963

FAX: 781-848-2835

Michelle Birolini: Volunteer Coordinator

William Murphy: Custodian

Frank DeFrancesco: Transportation Services

WEBSITE: www.townofbraintreegov.org

Please note you may sign up for all activities after Tuesday, September 4th at 9:30 AM.
Please do not call earlier to request to be signed up for an activity unless otherwise noted in the newsletter.
Thank you for your patience and understanding.

October 24, 2018 Trip

Newport Playhouse Luncheon and Performance of “Sylvia”

Bus Departs: 9:30 AM

Bus Returns: by 6:00PM

Cost: \$60.00 (includes, bus, tips, buffet luncheon, Play and Cabaret Show)



Play “Silvia” - Written by A.R. Gurney & Directed by Michael Johnson

Greg and Kate have moved to Manhattan after twenty-two years of child-raising in the suburbs. Greg brings home a dog he found in the park, named "Sylvia." A street-smart mixture of Lab and Poodle, Sylvia soon takes Greg's attention away from his wife, much to Kate's dismay. A.R. Gurney's Off Broadway hit is a smart, silly, sophisticated, and occasionally salty comedy about relationships, nature, and growing older.

***Buffett Menu includes, Fresh Salads, Meats, Fish, Pasta, Vegetables, and Dessert and Coffee**

Please note the following details: Moderate walking required. All trips are held rain or shine. If possible, please carpool and park your car in the field for all day trips. Priority will be given to Braintree residents. A wait list will be taken for out of town residents. Seating is very limited and tickets sell quickly. Please pick up your ticket the first weekday of the new month, cash or check.

*U.S. Disabilities Act of 1990-Town of Braintree: A handicapped accessible coach bus may be made available upon receipt of notice provided to The Department of Elder Affairs at least 30 days prior to trip date by calling 781-848-1963.

From the Director.....

The sun is blazing relentlessly, the humidity is high, the temperatures are close to 100 degrees and the weatherman has declared that this will continue for a few days. The dog days of summer are here. Couple of months ago, I was writing my newsletter article complaining about the winter, which would never leave, and here I am now, whining about the heat. Well, the summer months in New England are beautiful and the severe heat does not last for too long, so, I should refrain from complaining. Just a word of caution, please keep yourself well hydrated and stay away from over exposure to the sun. On very hot days, try to stay indoors or in the shade from 10 AM to 3 PM. Enjoy a safe summer.

I am delighted to introduce **Michelle Birolini, as our new Coordinator of Volunteers and Activities.** She is a Braintree resident and a mother of a beautiful ten year old girl. She comes to us with a lot of experience in this field and is ready to take on the responsibilities that I have been eagerly waiting to delegate. She has a lot of energy, an amicable personality and is eager to learn and explore further into her new duties. If you have not met her yet, please come and say “hello”. Elder Affairs is excited to have her on board and a part of our dedicated team.

As you know, on account of open positions, illnesses and vacations, we have been severely short staffed for a few months. No matter how hard one tries, gaps are created during times like these and I appreciate your understanding and your patience through all this. Thanks to Sandra Young for coming and helping us. She has been with us for many years and I have a feeling we will never let her retire. Thanks to Cheryl Joy, from the Mayor’s office, who is spending a few weeks with us helping us at our excessively busy front desk. Be well and be safe.

Sharmila

“My Life, My Health” Six week program continues through September

Janey Tilden RN, Program Coordinator and Team Leader
Home and Health Resources
South Shore (Hospital) Health Systems

Chronic Disease Self-Management Program is developed by Stanford University.

Trained certified Instructors teach this class in **6 consecutive weekly workshops of 2.5 hrs. each.** The classes involve development of strategies for living a healthy life for those suffering with chronic health conditions, such as heart disease, COPD, Depression, Diabetes and Cancer but not limited only to these.

The weekly classes are lively and interactive with a focus on problem solving and feed back. Weekly topics include: **Nutrition and Healthy Diet, Exercise and Fall Prevention, Medication Usage, Working with your health care provider, Communication Skills, Managing Disease progression and future planning.**

This program has proven beneficial in promoting general health. Participants support each other to find solutions for everyday obstacles that occur with chronic disease. **Class size is limited to 20 participants and participants needs to commit for the duration of 6 weeks.**

Days are Monday, August 20, August 27, September 10, September 17, September 24 and October 1, 2018 at 9:30 am.

For information Please call 781-848-1963

Special Activities and Meetings: See our calendar for a complete list of activities

2nd & 4th Monday	Bereavement Support Group - Sept. 10 & 24	2:00 PM
1st & 3rd Wednesday	Bingo—September 5 & 19	1:00 PM
Every Monday	Chronic Disease Management	9:30 AM
Every Tuesday	Shine Insurance Counseling	10:00 AM
Tuesdays	Beginner Computers: Call to sign up	9:30 AM
Tuesdays	Intermediate Computers: Call to sign up	10:45 AM
Every Tuesday	Rummikub	10:00 AM
Every Tuesday	Cribbage	12:30 PM
Every Tuesday	Bocce Game (Outdoors) Please call for information	9:30 AM
Every Tuesday	Walking Group (see calendar for locations)	10:00 AM
Every Wednesday	Asian Outreach 長者服務	10:00 AM
September 6,	AARP Board of Directors Meeting	10:00 AM
September 7, 14, 21, 28	Art Class—Acrylic Painting Workshop	10:00 AM
September 10,	Belles & Beaux Musical Group	1:00 PM
September 11,	Mobile Shredding	10:00 AM
September 12,	The New Release Movie “ I Can Only Imagine”	12:00 PM
September 14,	Vincent J Cannato-Ellis Island	11:00 AM
September 10, 17, 24	My Life, My Health	9:30 AM
September 18,	Essex River/Woodman’s Grill Trip	9:15 AM
September 18,	AARP Meeting *Meetings are now held at Elder Affairs 71 Cleveland Ave	1:30 AM
September 20,	Book Club	10:30 AM
September 21,	Musical Tai Chi	11:00 AM
September 24,	Monthly Luncheon - See menu & purchase \$7.00 ticket	12:00 PM
September 25,	Alzheimer’s Meeting Dinner and Speaker Atty. Wayne Gilbert	5:00 PM
September 26,	Mass Audubon presents “The Art of Nature of New England Wild Flowers”	1:00 PM
September 28,	Moose Lodge Luncheon @ 175 Howard Street	12:00 PM

Art Classes beginning September

If you can't quite let go of summer, this acrylic painting workshop is for you! You will be learning to paint a beautiful sunset over the beach. Using art concepts of color mixing, shadows, highlights and value, you will create your own unique painting. You will need a basic set of acrylic tube paints and a few brushes.

Some supplies will be available to supplement if needed.

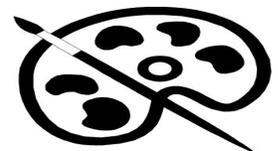
Dates: Fridays, September 7, 14, 21 & 28

Time: 10 AM - 11:30 AM

Where: Braintree Department of Elder Affairs

Fee: \$20 for the four week class, plus \$1.50 for an 11x14 canvas

Please come in as soon as possible to pre-pay and sign up - Space is limited!



Free Blood Pressure Clinics	Services
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Every Tuesday	Braintree Town Hall	3:00-4:00
Every Friday	Braintree Town Hall	9:00-10:00
Thursday, Sept. 13	Independence Housing	10:30-11:30
Wed, Sept 5, 19	Department of Elder Affairs	12:15-1:00
Tuesday, Sept. 25	Roosevelt Housing	12:00-12:30

- **Outreach:**
Information & Referral
Advocacy
Friendly Visitor & Library Express
- **Transportation:** please call to reserve
Medical Van Rides
Senior Center Activity Rides
Shopping Shuttles

Shopping Shuttle Schedule

Reservations: please call 781-848-1963; 48 hours in advance.

Pick-up time between: 9:30 to 10:00 AM
 Return time between: 11:30 AM to 12:00 PM

Tuesday, September 4	Shaw's
Thursday, September 6	Stop & Shop
Tuesday, September 11	Stop & Shop
Thursday, September 13	Shaw's
Tuesday, September 18	Roch Bros
Thursday, September 20	Stop & Shop
Tuesday, September 25	Shaw's
Thursday, September 27	Shaw's

Special Shopping Trip: Friday, Sept. 14 Trader Joe/Hingham

- **Recreation:**
Monthly Lunches
Social Activities
Special Events & Educational Seminars
Day Trips
Health and Fitness Classes
- **Support Groups:**
Low Vision Meetings
Alzheimer's Support Meetings
Bereavement Support Group
- **TRIAD:** senior safety

Monthly Luncheon at Noon Monday, Sept. 24 (note change of day to Monday)



Monthly Luncheon at Senior Center on Monday, September 24 at 12 noon

Menu: Chicken Fingers and French Fries

\$7 lunch tickets are available for purchase beginning Tuesday Sept, 4, after 9:30. Priority will be given to Braintree residents. A wait list will be taken for out of town residents.

- **SHINE:** health insurance counseling; **please call for an appointment**
- **Ask the lawyer:** free consultations; **please call for an appointment**
- **Medical Equipment Loans:** wheelchairs, walkers, canes, shower seats and commodes; **please call ahead.**

Bocce Courts are Open!

Every Tuesday at 9:30 AM. (Outdoors)
 Come join the fun!
 Please call for further details.



Mobil Shredding

Date: September 11
Time: 10 AM-1PM- Free service
Where: Elder Affairs, 71 Cleveland Ave

Protect Yourself Against...



This event, heighten awareness about identity theft and fraud, is sponsored by District Attorney Michael Morrissey

***Please remove 3 ring binders clips**

Mass Audubon

Nature of New England Wild Flowers

Date: September 26
Time: 1:00 PM
Where: Elder Affairs 71 Cleveland Ave

This illustrated lecture will combine fascinating stories about New England Wildflowers with photography and art.



From the Recycling Department

Please remember to recycle...



Recycling reduces waste and makes employees aware of their consumption levels, and instituting a recycling program in your business can help you be a good environmental steward. Such a program can be part of a larger green initiative to help your business reduce costs through recycling and repurposing efforts.

Musical Tai Chi

Musical Tai Chi w/Michael Elliott

Date: September 21
Time: 11:00AM
Where: Elder Affairs 71 Cleveland Ave
Cost: \$2.00
Please call 781-848-1963 to sign up

In general, the practice of Tai Chi Chuan elevates the heart rate, strengthens the blood vessels and arteries, imparts greater muscle tone throughout the body, increases balance and centering, improves posture, reduces stress, improves mobility, relieves pain, builds energy and reduces fatigue.



MONDAY

*Special activities will have an article about the event. Please wait to call until after the first day of the month to sign up.

*There are fees for all exercise programs. Call for information regarding these charges.

*All other activities are \$.50 donation to help with the expenses of the Department of Elder Affairs.

TUESDAY



WEDNESDAY

3
**HOLIDAY
LABOR DAY
SENIOR CENTER CLOSED**

4
Shopping Shuttle: Shaw's
9:00 S&S Bus (housing)
9:30 Bocce (outdoors)
9:30 Computers: Beginners
10:00 Low Vision Group
10:00 Walking Group
10:00 SHINE insurance help free by appointment
10:00 Rummikub
10:45 Computers: Intermediate
12:30 Bridge
12:30 Cribbage

5
9:15 Cardio, Strength and Flexibility
10:00 Asian Outreach Program 長者
12:00 Pool Players
12:00 Poker
12:15-1:00 Blood Pressure
1:00 BINGO



10
9:30 My Life My Health Six Week Program
9:30 Current Events
10:30 Chair Yoga
12:00 Qi Gong/Tai Chi
12:00 Pool Players
12:00 Poker
12:00 Trivia
1:00 Belles & Beaux Musical Entertainment
2:00 Bereavement Support Group

11
Shopping Shuttle: Stop & Shop
9:00 S&S Bus (housing)
9:30 Bocce (outdoors)
9:30 Computers: Beginners
10:00 Walking Group
10:00 SHINE insurance help free by appointment
10:00 Rummikub
10:00-1:00 Mobile Shredding
10:45 Computers: Intermediate
12:30 Bridge
12:30 Cribbage

12
9:15 Cardio, Strength and Flexibility
10:00 Asian Outreach Program 長者
12:00 Pool Players
12:00 Poker
12:00 New Movie: "I Can ONLY IMAGINE"

17
9:30 My Life My Health Six Week Program
9:30 Current Events
10:30 Chair Yoga
12:00 Qi Gong/Tai Chi
12:00 Trivia
12:00 Pool Players
12:00 Poker

18 ESSEX RIVER CRUISE TRIP
Shopping Shuttle: Roche Bros
9:00 S&S Bus (housing)
9:30 Bocce (outdoors)
9:30 Computers: Beginners
10:00 Walking Group
10:00 SHINE insurance help free by appointment
10:00 Rummikub
10:45 Computers: Intermediate
12:30 Bridge
12:30 Cribbage
1:30 AARP—Meetings now at 71 Cleveland Avenue

19
9:15 Cardio, Strength and Flexibility
10:00 Asian Outreach Program 長者
12:00 Pool Players
12:00 Poker
12:15-1:00 Blood Pressure
1:00 BINGO

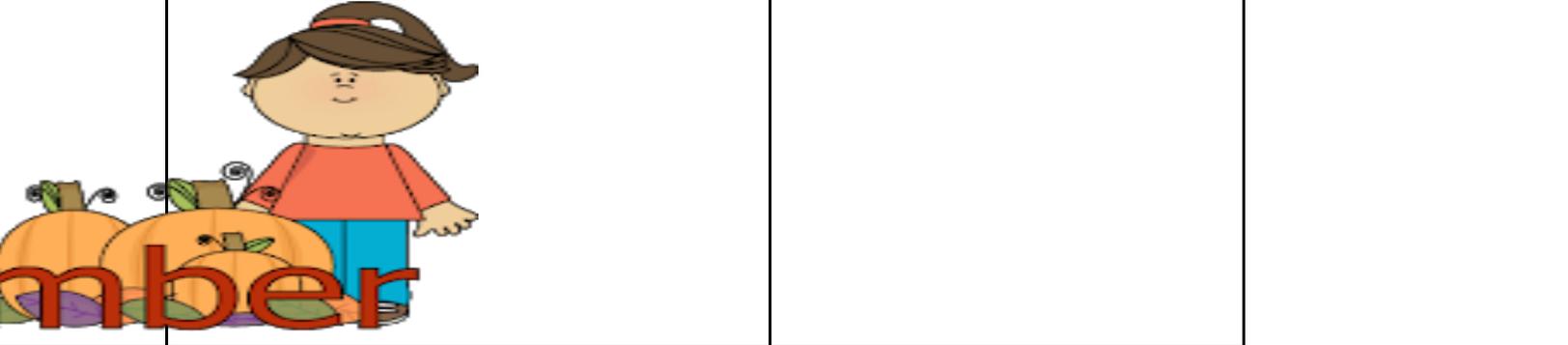


24
9:30 My Life My Health Six Week Program
9:30 Current Events
10:30 Chair Yoga
12:00 Qi Gong/Tai Chi
12:00 Trivia
12:00 Pool Players
12:00 Luncheon - Please purchase ticket
12:00 Poker
2:00 Bereavement Support Group

25
Shopping Shuttle: Shaw's
9:00 S&S Bus (housing)
9:30 Bocce (outdoors)
9:30 Computers: Beginners
10:00 Walking Group
10:00 SHINE insurance help free by appointment
10:00 Rummikub
10:45 Computers: Intermediate
12:30 Bridge
12:30 Cribbage
1:00 Ask the Lawyer: free by appointment
**5:00 Alzheimer's Support Meeting Speaker
Attorney Wayne Gilbert - Please call to sign up.**

26
9:15 Cardio, Strength and Flexibility
10:00 Asian Outreach Program 長者
12:00 Pool Players
12:00 Poker
**1:00 Mass Audubon Society presents
"The Art and Nature of New England"**

THURSDAY **FRIDAY**



<p>y Class 者服務</p>	<p>6 Shopping Shuttle: Stop & Shop 9:30 Mah Jongg 10:00 AARP Board Mtg 11:30 Quilting Group 11:30 Chair Yoga 1:00 Art Group 1:00 Knit/Crochet</p>	<p>7 9:15 Cardio, Strength and Flexibility Class 10:00 Weight Loss Group 10:00 Art Class 4 Week Program #1 12:00 Pool Players 12:00 Mixed Poker 1:00 Fun Movie Friday: Moonstruck</p>
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<p>y Class 者服務</p> <p>GINE"</p>	<p>13 Shopping Shuttle: Shaw's 9:30 Mah Jongg 10:00 Photography 11:30 Quilting Group 11:30 Chair Yoga 1:00 Art Group 1:00 Knit/Crochet</p>	<p>14 Shopping Shuttle: Trader Joes/Hingham 9:15 Cardio, Strength and Flexibility Class 10:00 Weight Loss Group 10:00 Art Class 4 Week Program #2 11:00 VincentJ. Cannato -Ellis Island 12:00 Pool Players 12:00 Mixed Poker 12:30 Ask the Lawyer: free by appointment 1:00 Fun Movie Friday: DocHollywood</p>
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<p>y Class 者服務</p>	<p>20 Shopping Shuttle: Stop & Shop 9:30 Mah Jongg 10:30 Book Club: Summer Book Review 11:30 Quilting Group 11:30 Chair Yoga 1:00 Art Group 1:00 Knit/Crochet 2:00 Friends of the COA Meeting will resume in Sept.</p>	<p>21 9:15 Cardio, Strength and Flexibility Class 10:00 Weight Loss Group 10:00 Art Class 4 Week Program #3 11:00 Musical Tai Chi 12:00 Pool Players 12:00 Mixed Poker 12:30 Ask the Lawyer: Free by Appt. 1:00 Fun Movie Friday: Working Girl 2:00 Dept. of Elder Affairs Board Meeting</p>
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<p>y Class 者服務</p> <p>s Wildflowers</p>	<p>27 Shopping Shuttle: Shaw's 9:30 Mah Jongg 10:00 Photography 11:30 Quilting Group 11:30 Chair Yoga 1:00 Art Group 1:00 Knit/Crochet 2:00 Associates Meeting</p>	<p>28 9:15 Cardio, Strength and Flexibility Class 10:00 Weight Loss Group 10:00 Art Class 4 Week Program #4 12:00 Pool Players 12:00 Mixed Poker 12:00 Moose Lodge Luncheon 1:00 Fun Movie Friday: Forest Gump</p> 
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Outreach Department

Drive Safely:



With school being back in session, we would like to remind you that children will be out and about crossing streets at their bus stops. This is a reminder to be extra cautious while driving.



Seeking Snow Removal Workers for Braintree Dept. of Elder Affairs Reference List:

It's hard to believe we are starting to think about the winter weather already! Once the winter starts, we receive many calls looking for snow removal services. We would like to be prepared when the time comes. We are currently looking for snow removal workers (shoveling and/or snow plowing) to be placed on the Braintree Department of Elder Affairs Reference List. The Reference List is a list of people who have contacted us about doing work for the elderly for a fee. If a senior is looking for snow removal services, we will provide your name and phone number to them. The Braintree Department of Elder Affairs does not assume responsibility for work performed and for financial transactions.

If you, or someone you know, would like to be placed on the Reference List, please come in to fill out a Reference List application and a CORI (Criminal Offender Record Information) form. Please note: We need a copy of your driver's license in order to complete a CORI check. Once the CORI comes back, you will be contacted by the Outreach Staff as to your status.

Please call the **Outreach Office at 781-848-1963** for further information.

Need Help
with your **Medicare**
Plan Comparisons
for **Open Enrollment?**



It's that time of year again! If you are enrolled in a Medicare Prescription Drug Plan or a Medicare Advantage Plan (HMO/ PPO), expect an information packet from your plan by the end of September. It is important to **understand** and **save** this information: it explains the changes in your plan for 2019. Premiums, deductibles, co-pays, and the drugs covered by your plan can change significantly!

During Medicare Open Enrollment, you can adjust your plan for next year. SHINE Counselors help you understand *your* plan changes as well as *other options* you may have. Call now to discuss your insurance questions, schedule your SHINE phone or face-to-face appointment, or learn about group meetings during the Open Enrollment from **October 15 through December 7th!**

Please save the date, **October 9, 2018, at 10 AM**, for a presentation by Catherine Lynde **of SHINE (Serving Health of the Health Insurance Needs of Everyone)**. Learn more on supplemental coverage, saving money on prescriptions, changes for 2019, new Medicare cards and more.

From the Chairman of the Board Hank Joyce

From The Chairman of the Board Hank Joyce

What do the Red Sox and the Weather have in common? They are both sizzling hot. If you didn't believe in Global warming before, you better believe in it now. In my whole life I haven't seen as many hot days as we have gotten since the first week in July. As for the Red Sox, their year has been unbelievable . They are 8 games ahead of the Dam Yankees and playing the most unbelievable baseball that we have seen in a long time.

Looks like we had few good events this month, like the Ice Cream Social hosted by Grove Manor Estates, Allerton House cookout and a few more that I missed due to doctor's appointments. I hope everyone enjoyed all these great activities put on by staff. I look forward to making the trip to the Marshfield Fair and the Musical Entertainment The Swinging Standards hosted by the John Scott Nursing Home and don't forget the Luncheon on Monday August 27th. Looks like a lot of good events coming up in September like Sept 14th talk on Ellis Island by Vincent J. Cannato, Alzheimer's Meeting and Speaker Wayne Gilbert and Moose Lodge Luncheon on September 28th and other good events though out the month.

Mark your calendars for Wednesday October 10th for the annual Pond Meadow Walk with our friends from Weymouth. This is always a good time. The rain date will be October 17th.

Enjoy the rest of the month of August and be safe.

Belles & Beaux September 10, at 1:00 PM

The Braintree Elder Affairs hosts a
**Belles & Beaux
Musical Entertainment**



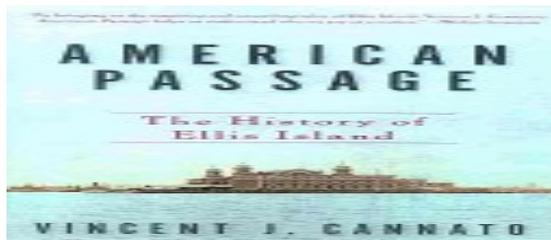
Date: September 10
Time: 1:00PM
Where: Elder Affairs, 71 Cleveland Ave.
Cost: Free

Enjoy this wonderful musical group and cake & ice cream to follow!

Vincent Cannato September 14, at 11:00 AM

Date: September, 14
Time: 11:00 AM
Where: Elder Affairs
Please call 781-848-1963 to sign up

**American Passage
The History of Ellis Island
A Talk with Author: Dr. Vincent J Cannato**



Please join author and Associate Professor of History, at University of Massachusetts, Boston, in a talk on the colorful history of Ellis Island, a place where many of our ancestors first touched American soil.

**Braintree Moose Lodge Luncheon
September 28, at 12:00 PM**



Our generous friends at the Braintree Moose Club would like to invite Braintree seniors for a delicious luncheon.

This is a FREE Event sponsored by the Loyal order of the Moose and the Women of the Moose.

Date: Friday, September, 28

Time: 12:00 PM

**Where: Braintree Moose Lodge #413
175 Howard Street, Braintree, MA**

Sign Up: Please Call 781-848-1963 (Braintree residents only)

**September Book Club
September 20, at 10:30 AM**

Welcome back to Book Club! We hope you enjoyed your Summer. Looking forward to a summer book review and curling up with a new book to read and review this Fall.



Date:

September 20

Time: 10:30 AM

Where: Department of Elder Affairs, 71 Cleveland Ave

**Labor Day
Monday September 3, 2018**



Labor Day pays tribute to the contributions and achievements of American workers, and Labor Day 2018 occurs on Monday, September 3 (it's traditionally observed on the first Monday in September). It was created by the labor movement in the late 19th century and became a federal holiday in 1894. Labor Day also symbolizes the end of summer for many Americans, and is celebrated with parties, parades and athletic events.

Please Remember.....



Please remember to scan in on our computer (near reception desk)!

Some people are **forgetting to scan in** when they enter the building. You **MUST scan in** for each and every program or event that you attend that day. If you have forgotten or have misplaced your scan card, you can simply sign in with your first name and telephone number. If you have trouble ask receptionist for help.

These numbers are used for reporting purposes and for receiving grants which helps with the cost of running the Senior Center.

It is important that we **COUNT YOU** and that we can **COUNT ON YOU** to scan in.

If you haven't scanned in, we must do it manually & might miss you when we are very busy.

THANK YOU!

Senior Walk for Health and Fitness



Save the Date
October 10, 2018
Rain date, October 17, 2018
Pond Meadow Park (Weymouth side)

Once again we are excited to have our “Annual Walk for Senior Health and Fitness” in collaboration with Weymouth Elder Services. This will be the 11th year. So congratulations! Please get your walking shoes ready.
More information coming in October

Monthly New Movie Wednesday, September 12 at 12 Noon

Lights, Camera, Action! Please join us for our monthly movie while enjoying popcorn and coffee.



Movie:
**“I can ON-
LY IMAGINE”**

Rated: PG

Length: 1 hr 51 min

Genre: Family Movie

Plot: Growing up in Greenville, Texas, Bart Millard suffers physical and emotional abuse at the hands of his father, Arthur. When Arthur becomes terminally ill, he finds redemption by embracing his faith and rediscovering his love for his son. Years later, Bart's troubled childhood and mended relationship with his dad inspires him to write the hit song "I Can Only Imagine" as singer of the Christian band MercyMe.

“I can ON-

Alzheimer’s Caregivers Support Group, Attorney Wayne Gilbert

When: Tuesday September 25
Time: 5 PM
Where: Braintree Elder Affairs
Please call: 781-848-1963



Estate Planning and Elder law

Taking care of a loved one is never easy. It is just not the daily care giving but the caregiver is also suddenly faced with unexpected financial issues and expenses. For some, it may be time to get those proverbial ducks in a row and understand what financial planning is all about.

Attorney Wayne Gilbert, from Gilbert Law Associates, an Elder Law Attorney, will be our featured speaker for that evening. He will discuss topics regarding, Trusts, Wills, Health Care Proxies and Life Insurance. This is an important presentation which is beneficial for everyone, so we are opening up this meeting for our community members.

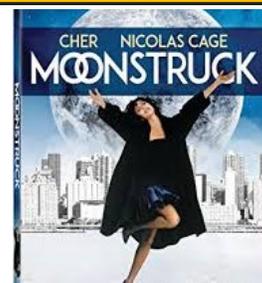
Light supper provided, courtesy of Grove Manor Estates.

Summer - Fun Movie Fridays at 1:00 PM

Friday, September 7: **MOONSTRUCK**- (PG); Drama 1 hour 42 minute

Starring: CHER AND NICHOLAS CAGE

No sooner does Italian-American widow Loretta (Cher) accept a marriage proposal from her doltish boyfriend, Johnny (Danny Aiello), than she finds herself falling for his younger brother, Ronny (Nicolas Cage). She tries to resist, but Ronny lost his hand in an accident he blames on his brother, and h... **MORE**As no scruples about aggressively pursuing her while Johnny is out of the country. As Loretta falls deeper in love, she comes to learn that she's not the only one in her family with a secret romance.

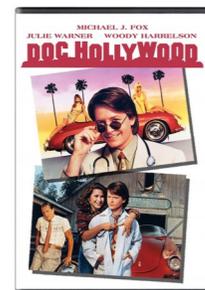


Friday, September 14: **DOC HOLLYWOOD**.(PG 13);

Comedy 1hr 44 minutes

Starring: MICHAEL J. FOX

Cocky young doctor Ben Stone (Michael J. Fox) is off on a road trip to California in pursuit of a relaxed and high-paying career as a plastic surgeon to the rich and famous. But before he can pass the Mississippi River, he crashes his car on a small-town judge's property in South Carolina and incurs... a community service fine, to be served out at the local hospital assisting the aged town doctor, Dr. Hogue (Barnard Hughes). Ben is soon tempted to stay by a pretty ambulance driver (Julie Warner).



Friday September 21: **WORKING GIRL**®

1hr 56min

Starring: HARRISON FORD, MELANIE GRIFFITH, SIGOURNEY WEAVER

Savvy New York City receptionist Tess McGill (Melanie Griffith) gives her conniving boss, Katharine Parker (Sigourney Weaver), an excellent business tip, but Katharine simply steals the idea without giving due credit to her secretary. After Katharine winds up in the hospital with an injured leg, Tess decides to exact revenge. Pretending to be her boss, Tess initiates a major deal with an investment broker (Harrison Ford) -- but things turn ugly after Katharine finds out what Tess has been up to.

WORKING GIRL



Friday, September 28: **Forrest Gump** (PG-13) 2hr 21min

Starring: TOM HANKS, SALLY FIELD AND ROBIN WRIGHT

Slow-witted Forrest Gump (Tom Hanks) has never thought of himself as disadvantaged, and thanks to his supportive mother (Sally Field), he leads anything but a restricted life. Whether dominating on the gridiron as a college football star, fighting in Vietnam or captaining a shrimp boat, Forrest inspires people with his childlike optimism. But one person Forrest cares about most may be the most difficult to save -- his childhood love, the sweet but troubled Jenny (Robin Wright).



Braintree Department of Elder Affairs
71 Cleveland Avenue
Braintree, MA 02184

Place
Stamp
Here

Braintree Department of Elder Affairs: Information & referral, Outreach assistance, transportation - both local & Title IIIB SSES grant funded MAP rides to Boston, shopping, SHINE insurance help, TRIAD services, healthcare clinics, support groups, informational seminars, recreation/activities, trips, tax counseling, medical equipment loans, resale & craft shops and many volunteer opportunities.

The office of Braintree's Veterans Agent, Cynthia Harris, is located in the Department of Elder Affairs building.
Phone: 781-794-8217

Braintree Dept. of Elder Affairs ~ 2017 Board Members
Henry (Hank) Joyce, Chairman of the Board

Wayne Gilbert, Vice Chairman
Ann Moore, Secretary
Robert Caruso, Treasurer

Lucille Barton
Tim Burke
Mary Cirignano
Leland Dingee

Jane Fogg
Connie Mattina
June Newman
Carol Whittall

Dear Friends,

Sure hope you've all had a delightful summer. It's not over yet, but Labor Day seems to mark the unofficial end to summer when the kids return to school.

The COA Associates have been on hiatus for the summer, but we are looking forward to resuming our monthly meetings on Thursday, September 27th, at 2:00 p.m.

If you are a member, please come to the meeting. If you are not a member, please join us and find out who we are and what we do.

We merge our good wishes with yours in welcoming the BDEA new Coordinator of Volunteers, Michelle Birolini.

Sure hope to see you soon!
The Friends



The Braintree Department of Elder Affairs' newsletters are available at Town Hall, Thayer Public Library, banks, supermarkets, pharmacies, churches and some medical facilities. Please view online: www.townofbraintreegov.org
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