

October 2018



Town of Braintree

Department of Elder Affairs

71 Cleveland Avenue, Braintree, MA 02184

Hours: 8:30 AM– 4:30 PM

“Live, Learn, Laugh and Be Happy”

Mayor Joseph C. Sullivan

Sharmila Biswas: Director

Mary Howland: Outreach Coordinator

Therese Jarrett: Services Coordinator

PHONE: 781-848-1963

Michelle Birolini: Volunteer Coordinator

William Murphy: Custodian

Frank DeFrancesco: Transportation Services

FAX: 781-848-2835

WEBSITE: www.townofbraintreegov.org

Please note you may sign up for all activities on Monday, October 1 after 9:30 AM.

Please do not call earlier to request to be signed up for any activity unless otherwise noted in the newsletter.

Festival of Trees



Massachusetts Horticultural Society's Annual Festival of Trees will showcase over 65 trees and introduce a new addition to the festival, Snow Village at Elm Bank-, Wellesley, MA- for children and adults to enjoy.

Mass Horticultural Festival of Trees exhibit and Chateau Luncheon, Norwood

Thursday, November 29

\$45.00 Tickets will be on sale after 9:30 AM Monday, October 1

Pickup from Elder Affairs at 9:30 AM- 3:30 PM

Moderate Walking required. All trips are held rain or shine. If possible, carpool and park your car in the field for all day trips. Priority will be given to Braintree residents. A wait list will be taken for out of town residents. Seating is very limited and tickets sell quickly. Please pick up your ticket the first weekday of the new month, cash or check.

***Your ticket price includes: Exhibit, Lunch, bus & driver gratuity.**

* U.S. Disabilities ACT of 1990-Town of Braintree: A handicapped accessible coach bus may be made available upon receipt of notice provided to the Department of Elder Affairs at least 30 days prior by calling 781-848-1963

From the Director.....

Greetings Everyone,

By the time this newsletter reaches you, the foliage around us will have some color. Fall is a beautiful time of the year and even though winter follows right behind, nothing beats a crisp New England Fall afternoon in our own backyard.

As you enjoy the colors of autumn, please be mindful of the fallen leaves, especially when they are wet. Leaves that collect on your walkway, driveway or stairs, can get wet from the rain or even the dew drops. This may then end up creating a perfect storm, for people to slip and fall. So please be careful and enjoy the Fall without falling.

We had a busy summer, September was bustling and October does not seem to be too shabby. Our two Annual Events, the BELD breakfast and our Walk for Senior Health and Fitness are scheduled early in October. **Please note**, that on account of time constraints, we are asking everyone to **sign up before October 1, for these two events only**.

On a sad note, Ann Marie Quinlan, passed away a few weeks ago. Many of you may remember her as our Outreach Coordinator. She was in that position for over 14 years. May her soul rests in peace and our prayers are with her family who loved her and was there for her.

Our Autumn basket is filled with programs and activities. Come join us. See you soon.....*Sharmila*

**BELD's Annual Senior Breakfast
Tuesday, October 2, 2018**



Once again this year, to celebrate Public Power week Braintree Electric and Light Department (**BELD**) will have their popular annual **Senior Breakfast** on October 2nd, 2018. Come enjoy a tasty breakfast prepared by the Braintree Rotary Club. A **BELD** representative will give you an overview of what's new at the Light Department. There will be giveaways and drawings as well.

Date: October 2, 2018
Where: 71 Cleveland Avenue
Time: Two seating, 8 AM and 9:30 AM
Call: 781-848-1963 to make a reservation

Special Activities and Meetings: See our calendar for a complete list of activities

2nd & 4th Monday	Bereavement Support Group - October 15 & 29	2:00 PM
1st & 3rd Wednesday	Bingo—October 3 & 17	1:00 PM
Every Monday	Trivia	12:30PM
October 1	Chronic Disease Management	9:30 AM
Every Tuesday	Shine Insurance Counseling	10:00 AM
Tuesdays	Beginner Computers: Call to sign up	9:30 AM
Tuesdays	Intermediate Computers: Call to sign up	10:45 AM
Every Tuesday	Rummikub	10:00 AM
Every Tuesday	Cribbage	12:30 PM
Every Tuesday	Bocce Game (Outdoors) Please call for information	9:30 AM
Every Tuesday	Walking Group (see calendar for locations)	10:00 AM
Every Wednesday	Asian Outreach 長者服務	10:00 AM
October 2,	BELD Breakfast Seating 8 AM & 9:30	8:00 AM
October 3,	“SOX Talk” with Dick Flavin	10:00AM
October 9,	Supper Club– Please call to sign up after October 1	3:00 PM
October 10,	Senior Walk for Health and Fitness	9:30 AM
October 12,	Haunted Lighthouses with Ed Beaulieu	11:00 AM
October 19,	Ghosts, Goblins & Posey by Abner Serd, Storyteller	1:00 PM
October 22,	Magician Jack Ryan	1:00 PM
October 24,	NEWPORT PLAYHOUSE	9:30 AM
October 29,	Luncheon	12:00 PM
October 30,	Mass Audubon Owls	1:00 PM

From the Recycling Department

FALL 2018 CURBSIDE YARD WASTE COLLECTION (on your regular trash day) will take place the WEEKS OF: Oct. 22 & 29, Nov. 5, 12, 19, 26 & the week of December 3.



Please have curbside prior to 7AM. Leaves, grass clippings & twigs (less than 1” thick) should be placed in open barrels, without lids, or closed brown leaf bags. Plastic bags will be rejected curbside but can be emptied out at the Compost Site/225 Plain St. Branches & shrubs are also accepted at Plain Street, which is open for residents Wed. through Sun. (7:15AM-2:45 PM). Trash sticker from Treasurer/Collector’s Office re-quired.



Free Blood Pressure Clinics	Services
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Every Tuesday	Braintree Town Hall	3:00-4:00
Every Friday	Braintree Town Hall	9:00-10:00
Thursday, October 11	Independence Housing	10:30-11:30
Wed, October 3, & 17	Department of Elder Affairs	12:15-1:00
Tuesday, October 30	Roosevelt Housing	12:00-12:30

- **Outreach:**
Information & Referral
Advocacy
Friendly Visitor & Library Express
- **Transportation:** please call to reserve
Medical Van Rides
Senior Center Activity Rides
Shopping Shuttles

Shopping Shuttle Schedule

Reservations: please call 781-848-1963; 48 hours in advance.

Pick-up time between: 9:30 to 10:00 AM
Return time between: 11:30 AM to 12:00 PM

Tuesday, October 2	Stop & Shop	
Thursday, October 4	Stop & Shop	
Tuesday, October 9	Roche Bros	
Thursday, October 11	Shaw's	
Tuesday, October 16	Shaw's	
Thursday, October 18	Stop & Shop	
Tuesday, October 23	Stop & Shop	
Thursday, October 25	Shaw's	
Tuesday, October 30	Roche Bros	

Special Shopping Trip: Christmas Tree Shop

- **Recreation:**
Monthly Lunches
Social Activities
Special Events & Educational Seminars
Day Trips
Health and Fitness Classes
- **Support Groups:**
Low Vision Meetings
Alzheimer's Support Meetings
Bereavement Support Group
- **TRIAD:** senior safety

Monthly Luncheon at Noon Monday, (note change of day to Monday)
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Monthly

**Luncheon at Senior Center on
Monday, October 29 at 12 noon**

Menu: Chicken Escarole Soup and a Chicken Salad or Ham and Cheese Sandwich

\$7 lunch tickets are available for purchase beginning Monday October 1, after 9:30. Priority will be given to Braintree residents.

- **SHINE:** health insurance counseling; **please call for an appointment**
- **Ask the lawyer:** free consultations; **please call for an appointment**
- **Medical Equipment Loans:** wheelchairs, walkers, canes, shower seats and commodes; **please call ahead.**

Bocce Courts are Open!

Every Tuesday at 9:30 AM. (Outdoors)
Come join the fun!
Please call for further details.



Mass Audubon Presentation “Owls”

Date: October 30

Time: 1:00PM

Where: Elder Affairs, 71 Cleveland Ave

During this illustrated lecture, you will find out what makes owls unique and which owls you can find in your own backyard! Please call to sign up.



Alzheimer's Care Givers Support

Ask the Pro's

Resources to Remember (R 2 R)

Would you like to know Assisted Living vs Skilled Nursing, benefits of a home health Aide, what is a Reverse mortgage, help with moving or downsize, help with keeping your accounts straight, a Will vs a Trust, Hospice and Palliative care, help with transportation, and the list keeps on going.

RR is a group of professionals who represent a vast array of businesses that specifically help the senior population. Please join us to get an understanding of this network of senior services and how it can benefit you.

Date: Tuesday, October 30, 2018

Time: 5 PM

Place: Braintree Elder Affairs

Everyone is welcome to come to this meeting. Light supper will be served, courtesy of **R2R**

Magician Jack Ryan

Date: October 22

Time: 1:00PM

Where: Elder Affairs 71 Cleveland Ave

Cost: \$2.00

Please call 781-848-1963 to sign up

Jack Ryan is the Past President of the Society of American Magicians in Boston, which was founded in 1922. Some of his numerous performances have been for The Ritz Carlton, Holy Cross College, Big Brother Association and the MBTA Police. He has also appeared on radio and TV.



MONDAY

TUESDAY

WEDNESDAY



1
 9:30 My Life, My Health Six Week Program
 9:30 Current Events
 10:30 Chair Yoga
 12:00 Qi Gong Tai Chi
 12:00 Pool Players
 12:00 Poker
 12:30 Trivia
 2:45-3:30 Phone Assistance

2 BELD BREAKFAST
 Shopping Shuttle: Stop & Shop
 9:00 S&S Bus (housing)
 9:30 Bocce (outdoors)
 9:30 Computers: Beginners-Sign up's only
 10:00 Low Vision Group
 10:00 Walking Group
 10:00 SHINE insurance help free by appointment
 10:00 Rummikub
 10:45 Computers: Intermediate-Sign Up's Only
 12:30 Bridge
 12:30 Cribbage

3
 9:15 Cardio, Strength and Flexibility Class
 10:00 Red Sox Talk with Dick Flavin (Free Sign Up)
 10:00 Asian Outreach Program 長者服務
 12:00 Pool Players
 12:00 Poker
 12:15-1:00 Blood Pressure
 1:00 BINGO



8
Columbus Day Senior Center Closed



9
 Shopping Shuttle: Roche Bros
 9:00 S&S Bus (housing)
 9:30 Bocce (outdoors)
 9:30 Computers: Beginners-Sign Up's Only
 10:00 Walking Group
 10:00 SHINE insurance help free by appointment
 10:00 Rummikub
 10:45 Computers: Intermediate-Sign Up's Only
 12:30 Bridge
 12:30 Cribbage

10
 9:15 Cardio, Strength and Flexibility Class
 9:30 Senior Walk for Fitness
 10:00 Asian Outreach Program 長者服務
 12:00 Pool Players
 12:00 Poker
 12:00 New Movie

15
 9:30 Current Events
 10:30 Chair Yoga
 12:00 Qi Gong/Tai Chi
 12:00 Pool Players
 12:00 Poker
 12:30 Trivia
 1:00 Belles and Beaux Sing along
 2:00 Bereavement Support Group

16
 Shopping Shuttle: Shaws
 9:00 S&S Bus (housing)
 9:30 Bocce (outdoors)
 9:30 Computers: Beginners-Sign Up's Only
 10:00 Walking Group
 10:00 SHINE insurance help free by appointment
 10:00 Rummikub
 10:45 Computers: Intermediate-Sign Up's Only
 12:30 Bridge
 12:30 Cribbage
 1:30 AARP—Meetings now at 71 Cleveland Avenue

17
 9:15 Cardio, Strength and Flexibility Class
 10:00 Asian Outreach Program 長者服務
 12:00 Pool Players
 12:00 Poker
 12:15-1:00 Blood Pressure
 1:00 BINGO



22
 9:30 Current Events
 10:30 Chair Yoga
 12:00 Qi Gong/Tai Chi
 12:00 Pool Players
 12:00 Poker
 12:30 Trivia
 1:00 Magician Jack Ryan

23
 Shopping Shuttle: Stop & Shop
 9:00 S&S Bus (housing)
 9:30 Bocce (outdoors)
 9:30 Computers: Beginners
 10:00 Walking Group
 10:00 SHINE insurance help free by appointment
 10:00 Rummikub
 10:45 Computers: Intermediate-Sign up only
 12:30 Bridge
 12:30 Cribbage
 1:00 Ask the Lawyer: free by appointment

24 TRIP Newport Playhouse
Ticket holders only
 9:15 Cardio, Strength and Flexibility Class
 10:00 Asian Outreach Program 長者服務
 12:00 Pool Players
 12:00 Poker

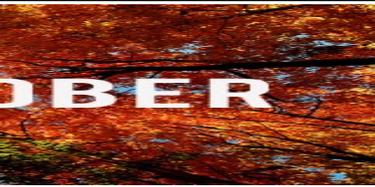
29
 9:30 Current Events
 10:30 Chair Yoga
 12:00 Pool Players
 12:00 Poker
 12:00 Luncheon - Please purchase ticket
 12:30 Trivia
 2:00 Bereavement Support Group

30 Shopping Shuttle: Roche Bros
 9:00 S&S Bus (housing)
 9:30 Bocce (outdoors)
 9:30 Computers: Beginners 10:45 Intermediate-
 10:00 Walking Group
 10:00 SHINE insurance help free by appointment
 10:00 Rummikub
 12:30 Bridge
 12:30 Cribbage
 1:00 Mass Audubon Owls
 5:00 Alzheimer's Support Meeting & Speaker

31
 9:15 Cardio, Strength and Flexibility Class
 10:00 Asian Outreach Program 長者服務
 12:00 Pool Players
 12:00 Poker
 12:00 Halloween Movie
"Watcher in the Woods"

THURSDAY

FRIDAY



4
 Shopping Shuttle: Stop & Shop
 9:30 Mah Jongg
 11:30 Quilting Group
 11:30 Chair Yoga
 1:00 Art Group
 1:00 Knit/Crochet

5
 9:15 Cardio, Strength and Flexibility Class
 10:00 Weight Loss Group
 12:00 Pool Players
 12:00 Mixed Poker
1:00 Fun Movie Friday: Smokey and the Bandit

11
 Shopping Shuttle: Shaw's
 9:30 Mah Jongg
 10:00 Photography
 11:30 Quilting Group
 11:30 Chair Yoga
 1:00 Art Group
 1:00 Knit/Crochet

12
Shopping Shuttle: Christmas Tree Shop
 9:15 Cardio, Strength and Flexibility Class
 10:00 Weight Loss Group
11:00 Haunted Lighthouses Presentation by Ed Beaulieu
 12:00 Pool Players
 12:00 Mixed Poker
 12:30 Ask the Lawyer: free by appointment
1:00 Fun Movie Friday: Melinda & Melinda

18
 Shopping Shuttle: Stop & Shop
 9:30 Mah Jongg
10:30 Book Club:
 11:30 Quilting Group
 11:30 Chair Yoga
 1:00 Art Group
 1:00 Knit/Crochet
 2:00 Friends of the COA Meeting will resume in Sept.

19
 9:15 Cardio, Strength and Flexibility Class
 10:00 Weight Loss Group
 12:00 Pool Players
 12:00 Mixed Poker
 12:30 Ask the Lawyer: Free by Appt.
No Movie
1:00 Ghosts, Goblins and Posey, Scary poetry and stories-Sign up
 2:00 Dept. of Elder Affairs Board Meeting

25
 Shopping Shuttle: Shaw's
 9:30 Mah Jongg
 10:00 Photography
 11:30 Quilting Group
 11:30 Chair Yoga
 1:00 Art Group
 1:00 Knit/Crochet
 2:00 Associates Meeting

26
 9:15 Cardio, Strength and Flexibility Class
 10:00 Weight Loss Group
 12:00 Pool Players
 12:00 Mixed Poker
1:00 Fun Movie Friday: Where the Heart Is

*Special activities will have an article about the event. Please wait to call until after the first day of the month to sign up.
 *There are fees for all exercise programs. Call for information regarding these charges.
 *All other activities are \$.50 donation to

Outreach Department

Fuel Assistance

As this article goes to press in early September, we are anticipating the arrival of fuel assistance applications from Quincy Community Action Programs, Inc. for the 2018-2019 fuel season. You must be income eligible. For those who received fuel assistance last year, you will be receiving your recertification application in the mail from QCAP. Whether this is your first time applying or you are recertifying, the Outreach Staff can assist you with filling out the application. Please call us at 781-848-1963 for an appointment.

Information Center

Please check out our Information Center located between Rooms 3 and 4 here at the Senior Center. We have added more information from the Alzheimer's Association. You will also find information on a variety of subjects such as:

- Personal Emergency Response Systems
- Home Care
- Adult Day Health Centers
- Assisted Living/Independent Living/Memory Care Facilities



Art Exhibit at the Peabody Essex Museum October, 17, 2018



Chinese Empresses of the Qing Dynasty exhibit at the Peabody Essex Museum

Limited spaces for Braintree seniors are available to view the exhibits. Please call Michelle or Sharmila at 781-848-1963 by October 8, 2018 for details.

9:30 AM Bus departs at the President Plaza on Quincy Avenue, Quincy
11 AM Self guided tour at the museum (moderate walking)
12:30 PM Bus will transport group to a restaurant in Salem for an Asian Buffet Lunch
Museum admission, \$16.00, Lunch, \$10 (approximate), Gratuity, \$3.00. **Departure: 2PM**

From the Chairman of the Board Hank Joyce

From The Chairman of the Board Hank Joyce

What a great night, the Red Sox won their 100th game of the season and that makes the third time in their history that they have won 100 games. The last time they did it was in 1946, 72 years ago. David Price pitched another great game 1-0 and his record is now 15-4.

Now that summer is almost over looking forward to a real nice fall with each other that is, after the Hurricanes go by. What a great time it will be with the Red Sox fighting for another World Series win and the Patriots in the hunt for another Super Bowl win.

Good time at The Belles & Beaux on Monday as usual. The music was great and the cake was good and fattening. The best part was they serenaded Kate with the IRISH song "I will take you home Kathleen" I thought she was going to cry but she didn't.

On the 26th & 28th we have Cardio, Strength and Flexibility Classes at 9:15 AM which is a good way to start the day off.

Some good events coming up for the month of October: Beld Breakfast-October 2nd.

On October 3rd Dick Flavin will be here with "Sox talk" which should be very interesting especially right before the playoff start.

Well it looks like a lot of good events coming so please come down and enjoy the fun.

A big Thank you to the staff and volunteers for everything they do.

Enjoy the rest of the month and be careful and safe.

**Belles & Beaux
October 15, at 1:00 PM**

**Ghosts, Goblins and Posey
With Abner Serd Storyteller**

The Braintree Elder Affairs hosts
**Belles & Beaux
Musical Entertainment**



Date: October 15

Time: 1:00 PM

Where: Elder Affairs, 71 Cleveland Ave.

Cost: Free

Come and enjoy this wonderful musical group

Date: Friday, October 19

Time: 1PM

**Where: Elder Affairs,
71 Cleveland Ave**

Sign up: October 1st or after

Cost: \$2.00 at the Door

Remember the poems that scared you when you were young?

This Halloween season come join storyteller Abner Serd as he performs some of the most hair-raising poems ever written!

You'll hear spooky

classics by Edgar Allan Poe, Robert Burns, James Whitcomb Riley, and more.



Haunted Lighthouses By Ed Beaulieu

Date: October 12
Time: 11:00 AM
Where: Elder Affairs, 71 Cleveland Ave
Sign Up: October 1st or after
Cost: \$2.00 at the door



Phone and Tablet Assistance

We are delighted to have the High School students back to help you after school hours.

When: Every Monday
With Sabrina and Arianna
Time: 2:45-3:30pm
Where: Elder Affairs
Sign up: Call to sign up



Braintree and Weymouth Senior Walk for Health and Fitness October 10th (rain date October 17)



Massachusetts
Councils On Aging



Pond Meadow Park (Weymouth entrance on Summer Street)

Registration begins October 10th at 9:30 AM

Music, by DJ and musician, Tom Bruhl

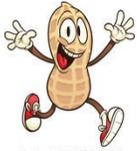
Please call 781-848-1963 to sign up

Lace up your walking shoes and get ready for our **11th annual "Senior Walk for Health and Fitness"**. Every year, Braintree and Weymouth Senior Centers collaborate to offer this healthy and fun filled event to get you moving, The walk will begin at 10 AM with registration starting at 9:30 AM. Mayor Sullivan and Mayor Hedlund will be there to cheer and join with you. You may choose from 3 walking trails to suit your fitness level. Tom Bruhl will entertain you throughout the festivities. Free tee-shirts and raffle tickets will be given to first 75 registered walkers and you will have an opportunity to visit your local vendors.

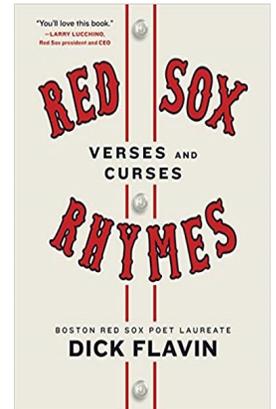
This year we were fortunate to receive a **Go 4 life** grant award from the Massachusetts Councils on Aging. Please come and join us .

Parking is very limited. We strongly encourage you to carpool.

Sox Talk With Dick Flavin



shutterstock - 118096492



Date: October 3

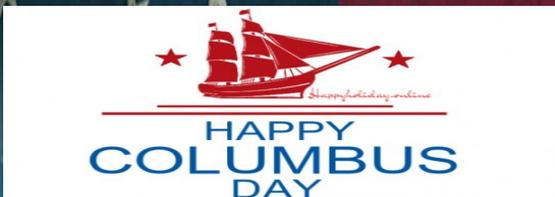
Time: 10 AM

Where: Elder Affairs, 71 Cleveland Ave

Please call 781-848-1963 to sign up

DICK FLAVIN is the poet laureate and senior ambassador of the Boston Red Sox and voice of Fenway Park, serving as public address announcer for Red Sox day games. His television commentaries won seven New England Emmy Awards, he is a nationally known speaker, and is a member of the Massachusetts Broadcasters Hall of Fame.

Columbus Day Monday, October 8



COLUMBUS' VOYAGES ACROSS THE ATLANTIC OCEAN INITIATED THE EUROPEAN EXPLORATION AND COLONIZATION OF THE AMERICAS.

WHILE THE FIRST VOYAGE IN 1492 WAS IMMENSELY SIGNIFICANT, COLUMBUS DID NOT ACTUALLY REACH THE AMERICAN MAINLAND UNTIL HIS THIRD VOYAGE IN 1498.

INSTEAD, WHILE TRYING TO FIND A SEA ROUTE TO INDIA, HE MADE LANDFALL ON AN ISLAND IN THE BAHAMAS THAT HE NAMED SAN SALVADOR.

SPOOKY New Movie Wednesday, October 31 at Noon

HAPPY HALLOWEEN!

NEW MOVIE: WATCHER IN THE WOODS

DATE: OCTOBER 31

TIME: 12:00PM

LENGTH: 2HR 2 MIN

GENRE: THRILLER

SUSPENSE



Plot: A woman whose daughter vanished in the English countryside more than 20 years ago is distraught when a new family moves in nearby with a daughter who's identical to her own. As she begins to unravel a dark past, she puts herself in grave danger.

DRESSING UP IS OPTIONAL

Friday, October 5: *Smokey and The Bandit*

Starring: Burt Reynolds and Sally Fields

Big Enos (Pat McCormick) wants to drink Coors at a truck show, but in 1977 it was illegal to sell Coors east of the Mississippi River without a permit. Truck driver Bo "Bandit" Darville (Burt Reynolds) agrees to pick up the beer in Texas and drive it to Georgia within 28 hours. When Bo picks up hitchhiker Carrie (Sally Field), he attracts the attention of Sheriff Buford T. Justice (Jackie Gleason). Angry that Carrie will not marry his son, Justice embarks on a high-speed chase after Bandit.



Friday, October 12: *Melinda & Melinda*

Starring: Will Farrell and Chloe Sevigny

While dining out with friends, Sy (Wallace Shawn) suggests the difficulty of separating comedy from tragedy. To illustrate his point, he tells his guests two parallel stories about Melinda (Radha Mitchell) ; both versions have the same basic elements, but one take on her state of affairs leans toward levity, while the other is full of anguish. Each story involves Melinda coping with a recent divorce through substance abuse while beginning a romantic relationship with a close friend's husband.



Friday October 19: No Movie!!!

Ghosts, Goblins & Posey-Halloween Poems

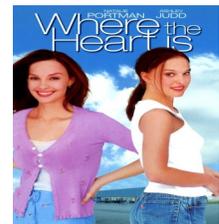


**Friday Octo-
Starring:
man**

**ber 26:
Ashley**

**Where the Heart Is
Judd and Natalie Port-
man**

After Tennessee teen Novalee Nation (Natalie Portman) is left literally barefoot and pregnant in a Wal-Mart parking lot by her no-good boyfriend, Willy Jack Pickens (Dylan Bruno), she manages to live within the mammoth megastore until her baby's abrupt arrival makes her a media darling. After this, Good Samaritan nurse Lexie (Ashley Judd) takes in Novalee and her newborn daughter. Before long, Lexie and Novalee form a life-changing bond of friendship and sisterhood.



Braintree Department of Elder Affairs
71 Cleveland Avenue
Braintree, MA 02184

Place
Stamp
Here

Braintree Department of Elder Affairs: Information & referral, Outreach assistance, transportation - both local & Title IIIB SSES grant funded MAP rides to Boston, shopping, SHINE insurance help, TRIAD services, healthcare clinics, support groups, informational seminars, recreation/activities, trips, tax counseling, medical equipment loans, resale & craft shops and many volunteer opportunities.

The office of Braintree's Veterans Agent, Cynthia Harris, is located in the Department of Elder Affairs building.
Phone: 781-794-8217

Braintree Dept. of Elder Affairs ~ 2017 Board Members
Henry (Hank) Joyce, Chairman of the Board

Wayne Gilbert, Vice Chairman
Ann Moore, Secretary
Robert Caruso, Treasurer

Lucille Barton
Tim Burke
Mary Cirignano
Leland Dingee

Jane Fogg
Connie Mattina
June Newman
Carol Whittall

Dear "Friends" and Prospective "Friends" – If you are currently a member and your dues are now due, you will receive a dues bill. **Please do not duplicate your payment.** If you are not now a member of the Council on Aging Associates, please consider joining. Complete this form and return it with the appropriate dues payment, made payable to: **Council on Aging Associates, 71 Cleveland Avenue, Braintree, MA 02184.** **It should be noted that the payment or non-payment of membership dues to the "Braintree Friends" in no way affects your eligibility for receiving services from and participating in activities and programs at the Braintree Department of Elder Affairs.** All members of the Council on Aging Associates in good standing (dues current) are eligible to attend our Annual Meeting in May of each year. Payment for the luncheon is included in your dues.

____ Yes, I want to be one of the "Braintree Friends" and am enclosing the appropriate membership dues:

INDIVIDUAL \$15 COUPLE/FAMILY \$25 BUSINESS \$50
(Please circle one and enclose your payment.)

NAME (print) _____ TELEPHONE _____

ADDRESS _____
Street Address _____ City, State, Zip _____

____ No, I do not want to become a member but am enclosing my tax-deductible contribution to assist your fund-raising efforts.

The Braintree Department of Elder Affairs' newsletters are available at Town Hall, Thayer Public Library, banks, supermarkets, pharmacies, churches and some medical facilities. Please view online: www.townofbraintreegov.org
Donations to The Braintree Department of Elder Affairs are greatly appreciated. Thank you to all who have generously donated to support our wonderful programs.

