

November 2018



Town of Braintree

Department of Elder Affairs

71 Cleveland Avenue, Braintree, MA 02184
Hours: 8:30 AM– 4:30 PM

“Live, Learn, Laugh and Be Happy”

Mayor Joseph C. Sullivan

Sharmila Biswas: Director

Mary Howland: Outreach Coordinator

Therese Jarrett: Services Coordinator

PHONE: 781-848-1963

Michelle Birolini: Volunteer Coordinator

William Murphy: Custodian

Frank DeFrancesco: Transportation Services

FAX: 781-848-2835

WEBSITE: www.townofbraintreegov.org

Please note you may sign up for all activities on Thursday November 1, after 9:30 AM

Please do not call earlier to request to be signed up for any activity unless otherwise noted in the newsletter.

Thank you for your patience and understanding

Greetings Everyone,

On behalf of staff and Board members, I wish everyone a Happy Thanksgiving. Enjoy with your family and friends and stay warm and safe.

Braintree Elder Affairs is a busy center bustling with activities and programs and I love hearing the laughter and the smiling faces as they come and leave through our doors. For that I thank you, you make it possible. I am thankful for our dedicated staff so loyal to our mission and our caring Board members, but as they say “it takes a village.” Thanks also to all the Town departments. When we are in a bind, all I need to do is to make a phone call and my request (mostly panicked) is always heard and resolved. Thanks to Mayor Sullivan, our village “Chief”, for always supporting us and our programs.

Thank you, State Representative, Mark Cusack, our Senator, John Keenan and Walter Timilty. Being in this position for more than 12 years now, I have humbly learnt how much support we need and receive from our Legislators. They are always keen on signing amendments and taking the steps necessary for the betterment of our seniors. Each year, Elder Affairs applies and receives local aid from the State in the form of a grant called the Formula Grant. This money helps us employ part time personnel (not paid by the town) whose service is critically beneficial to our Department. It also assists us in bringing educational seminars, essential equipment and accessories (not included in the town budget), which can be used and enjoyed by our seniors who come to our Center. Every year we spend many anxious moments when the Governor gets ready to sign the budget, but through it all our Legislatures have been vigilant and diligent to our causes. Of course nothing can be achieved without the help of the professional and excellent staff of our Representative and Senators. They help me navigate through the maze of State House legislations and put me on the right path. Thank you Ryan Sterling (Cusack) and Ellen Fleming (Keenan).

I wish to thank the Rotary for their monetary support, senior luncheon and their helpful hand whenever we need it and BELD for the providing a hearty breakfast for 150 seniors, every year during their Power Week. A heartfelt thanks to the Moose Lodge #143—Chapter 2042 for their annual senior turkey dinner and the Braintree Yacht Club for their boat cruise. Thanks to Grove Manor Estates, the Norwell VNA, South Shore Home Care Division, Royal Rehab and similar other organizations for their steadfast support. Take care.....*Sharmila*

I Have Fallen Tuesday, November 13

Bob Cobbett Adjunct Faculty Member Exercise Science at Quincy College

A presentation and demonstration of movements designed to help improve balance and prevent falls. Bob will discuss 5 components of balance which includes 5 components of balance, *Flexibility, Posture and Core Stability, Strength, Mobility and Cardio Endurance*. The presentation will also address the 3 sensory systems of the body: *Visual, Vestibular and Somatosensory*.

Time: 10 AM
Where : Elder Affairs
Please call to sign up: 781-848-1963



Thanks to our Veterans Wednesday November 14, at 9 AM



Breakfast & Entertainment to Honor our Veterans Of Thee We Sing America: Stars and Stripes Show

Celebrate the pride of America, with a musical tribute. This powerful presentation salutes the various divisions of our armed forces and honors those who have fought to protect our freedom. Uplifting and Inspiring and, of course, fun.

We welcome Veterans (any age) with their spouse or a guest.

Mayor Sullivan and Veterans Service Officer, Cynthia Harris will be joining us to celebrate you and your service to our country.

Where: Braintree Elder Affairs. Please call 781-848-1963 to reserve a spot

Special Activities and Meetings: See our calendar for a complete list of activities

Dates changed due to Holiday—Monday	Bereavement Support Group - November 19 & 26	2:00 PM
1st & 3rd Wednesday	Bingo—November 7 & 21	1:00 PM
Every Monday	Trivia	12:00PM
Every Monday	Tablet/Phone Assistance	2:45PM
Every Tuesday	Shine Insurance Counseling	10:00 AM
Tuesdays	Beginner Computers: Call to sign up	9:30 AM
Tuesdays	Internet Computers: Call to sign up	10:45 AM
Every Tuesday	Rummikub	10:00 AM
Every Tuesday	Cribbage	12:30 PM
Every Tuesday	Bocce Game (Outdoors) Please call for information	9:30 AM
Every Tuesday	Walking Group (see calendar for locations)	10:00 AM
Every Wednesday	Asian Outreach 長者服務	10:00 AM
November 5,	Crisp & Quotes sponsored by Brightview Living	1:00 PM
November 8,	USS Quincy presentation with Bob Begin	1:00 PM
November 13,	Fall Prevention	10:00AM
November 14,	Veterans Day Breakfast	9:00 AM
November 15,	Rotary Turkey dinner	12:00 PM
November, 19	I Love Lucy	1:00 PM
November 20,	Belle's and Beaux	1:00 PM
November 21,	Hearing test (By Appt. Only)	1:00 PM
November 22,	Happy Thanksgiving —CLOSED	closed
November 26	Luncheon and Comedy Show with Michael Petit	12:00 PM

From the Recycling Department

Braintree Recycling Monthly Article:

Guess what...the State has new rules for recycling. The following are no longer acceptable because of the amount of contamination left in them and because of a declining demand for that particular type of plastic...prescription and vitamin plastic jars, food take out containers (Styrofoam & plastic), foil tops from yogurt containers, aerosol cans, canisters of the type that hold Pringles.

FALL 2018 CURBSIDE YARD WASTE COLLECTION (on your regular trash day) will take place the WEEKS OF: Oct. 22 & 29, Nov. 5, 12, 19, 26 & the week of December 3. Please have curbside prior to 7AM. Leaves, grass clippings & twigs (less than 1" thick) should be placed in open barrels, without lids, or closed brown leaf bags. Plastic bags will be rejected curbside but can be emptied out at the Compost Site/225 Plain St. Branches & shrubs are also accepted at Plain Street, which is open for residents Wed. through Sun. (7:15AM-2:45 PM). Trash sticker from Treasurer/Collector's Office required.

Free Blood Pressure Clinics	Services
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Every Tuesday	Braintree Town Hall	3:00-4:00
Every Friday	Braintree Town Hall	9:00-10:00
Thursday, Nov 8	Independence Housing	10:30-11:30
Wed, Nov 7& 21	Department of Elder Affairs	12:15-1:00
Tuesday, Nov 6	Roosevelt Housing	12:00-12:30

- **Outreach:**
Information & Referral
Advocacy
Friendly Visitor & Library Express
- **Transportation:** please call to reserve
Medical Van Rides
Senior Center Activity Rides
Shopping Shuttles

Shopping Shuttle Schedule

Reservations: please call 781-848-1963; 48 hours in advance.

Pick-up time between: 9:30 to 10:00 AM
 Return time between: 11:30 AM to 12:00 PM

Thursday Nov 1 ,Stop & Shop
Tuesday, Nov 6, Shaw's
Thursday, Nov 8, Shaw's
Tuesday, Nov 13, Stop & Shop
Thursday, Nov 15, Stop & Shop
Tuesday, Nov 20, Roche Bros
Wednesday, Nov 21, Stop & Shop
Tuesday, Nov 27, Stop & Shop
Thursday, Nov 29, Stop & Shop

Special Shopping Trip: November 9, Walmart

- **Recreation:**
Monthly Lunches
Social Activities
Special Events & Educational Seminars
Day Trips
Health and Fitness Classes
- **Support Groups:**
Low Vision Meetings
Alzheimer's Support Meetings
Bereavement Support Group
- **TRIAD:** senior safety

Monthly Luncheon at Noon Monday, November 26



Monthly Luncheon at Senior Center
Menu: Spaghetti and Meatballs
Monday, November 26
12:00 PM
Comedian Michael Petit to follow

A wait list will be taken for out of town residents.

- **SHINE:** health insurance counseling;
please call for an appointment
- **Ask the lawyer:** free consultations;
please call for an appointment
- **Medical Equipment Loans:**
wheelchairs, walkers, canes, shower seats
and commodes; **please call ahead.**

Bocce Courts are Open!

Every Tuesday at 9:30 AM. (Outdoors)
 Come join the fun!
 Please call for further details.



USS Quincy

In collaboration with Thayer Public Library

Date: November 8

Time: 1:00 PM

Where: Elder Affairs, 71 Cleveland Ave



Historian Bob Begin returns to present The USS Quincy

Inviting all and especially our veterans, to join us in a historical presentation given by **Bob Begin** on the on the United States WWII Navy Ship , USS Quincy, named after its Hometown of Quincy. The *USS Quincy* helped U.S. Marines get ashore at Guadalcanal in August 1942 during the early days of World War II. Unfortunately there was a tragic ending.

Many of you may remember Bob from his very popular presentation of the Cocanut Grove Fire. This promises to be an interesting one too. Please call **781-848-1963** to sign up

Alzheimer's Care Givers Support

Date: Tuesday, November

Time: 5:00 PM

Place: Braintree Elder Affairs

Joan Wright

Director of Community Relations
Certified Dementia Practitioner, Norwell VNA

The chill is in the air, the leaves are turning bright red and the Holiday season is slowly coming towards our doorstep. Joyful as it may be, this season often brings immense stress for families with a loved one inflicted with Alzheimer's disease. Please come and learn how to make your preparations for the Holidays be less stressful and enjoyable.

Joan Wright will have a informal discussion to put you at ease.

*Refreshments provided, courtesy of Grove Manor Est.

Crisps and Quotes

Date: November 5

Time: 1:00 PM

Place: 71 Cleveland Ave, Elder Affairs

Brightview of Canton Presents

Crisp & Quotes

Enjoy Homemade Apple Crisp prepared by their Chef as you test your knowledge of notable quotables!



MONDAY

TUESDAY

WEDNESDAY



*Special activities will have an article about the event. Please wait to call until after the first day of the month to sign up.
 *There are fees for all exercise programs. Call for information regarding these charges.
 *All other activities are \$.50 donation to

5

9:30 Current Events
 10:30 Chair Yoga
 12:00 Qi Gong Tai Chi
 12:00 Pool Players
 12:00 Poker
 12:00 Trivia
 1:00 Crisp & Quotes, Brightview Living
 2:45-3:30 Phone Assistance

6

Shopping Shuttle: Shaw's
 9:00 S&S Bus (housing)
 9:30 Bocce (outdoors)
 9:30 Computers: Beginners-Sign up's only
 10:00 Low Vision Group
 10:00 Walking Group
 10:00 SHINE insurance help free by appointment
 10:00 Rummikub
 10:45 Computers: Internet-Sign Up's Only
 12:30 Bridge
 12:30 Cribbage

7

9:15 Cardio, Strength and Flexibility Class
 10:00 Asian Outreach Program 長者服務
 12:00 Pool Players
 12:00 Poker
 1:00 Bingo



12

CLOSED



13

Shopping Shuttle: Stop & Shop
 9:00 S&S Bus (housing)
 9:30 Bocce (outdoors)
 9:30 Computers: Beginners-Sign Up's Only
 10:00 Walking Group
 10:00 Fall Prevention, Bob Cobbett
 10:00 SHINE insurance help free by appointment
 10:00 Rummikub
 10:45 Computers: Internet-Sign Up's Only
 12:30 Bridge
 12:30 Cribbage
 1:30 AARP—Meetings now at 71 Cleveland Avenue
 5:00 Alzheimer's Support Meeting & Speaker

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9:00 Veterans Day Breakfast-"Of Thee We performance"
 9:15 Cardio, Strength and Flexibility Class
 10:00 Asian Outreach Program 長者服務
 12:00 Pool Players
 12:00 Poker

19

9:30 Current Events
 10:30 Chair Yoga
 12:00 Qi Gong/Tai Chi
 12:00 Pool Players
 12:00 Poker
 12:00 Trivia
 1:00 PM "I Love Lucy" Performed by our own Chris Griffin
 2:00 Bereavement Support group
 2:45-3:30 Phone Assistance

20

Shopping Shuttle: Roche Bros
 9:00 S&S Bus (housing)
 9:30 Bocce (outdoors)
 9:30 Computers: Beginners
 10:00 Walking Group
 10:00 SHINE insurance help free by appointment
 10:00 Rummikub
 10:45 Computers: Intermediate- Sign up only
 12:30 Bridge
 12:30 Cribbage
 1:00 Belles and Beaux
 1:00 Ask the Lawyer: free by appointment

21

Shopping Shuttle: Stop & Shop
 9:15 Cardio, Strength and Flexibility Class
 10:00 Asian Outreach Program 長者服務
 12:00 Pool Players
 12:00 Poker
 1:00 Hearing test (by appointment only)
 12:15-1:00 Blood Pressure
 1:00 Bingo



26

9:30 Current Events
 10:30 Chair Yoga
 12:00 Pool Players
 12:00 Poker
 12:00 Luncheon and Comedy Show-with Michael Petit -Please purchase ticket for luncheon and/or performance
 12:00 Trivia
 2:00 Bereavement Support Group
 2:45-3:30 Phone Assistance

27

Shopping Shuttle: Stop & Shop
 9:00 S&S Bus (housing)
 9:30 Bocce (outdoors)
 9:30 Computers: Beginners 10:45 Internet
 10:00 Walking Group
 10:00 SHINE insurance help free by appointment
 10:00 Rummikub
 12:30 Bridge
 12:30 Cribbage

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9:15 Cardio, Strength and Flexibility Class
 10:00 Asian Outreach Program 長者服務
 12:00 Pool Players
 12:00 Poker
 12:00 New Movie

THURSDAY

FRIDAY



	<p>1 Shopping Shuttle: Stop & Shop 9:30 Mah Jongg 11:30 Quilting Group 11:30 Chair Yoga 1:00 Art Group 1:00 Knit/Crochet</p>	<p>2 9:15 Cardio, Strength and Flexibility Class 10:00 Weight Loss Group 12:00 Pool Players 12:00 Mixed Poker 1:00 Fun Movie Friday: Legally Blonde</p>
s	<p>8 Shopping Shuttle: Shaw's 9:30 Mah Jongg 10:00 Photography 11:30 Quilting Group 11:30 Chair Yoga 1:00 Art Group 1:00 Knit/Crochet 1:00 Bob Begin presents "The USS Quincy"</p>	<p>9 Shopping Shuttle: Walmart 9:15 Cardio, Strength and Flexibility Class 10:00 Weight Loss Group 12:00 Pool Players 12:00 Mixed Poker 12:30 Ask the Lawyer: free by appointment 1:00 Fun Movie Friday: HOUSEBOAT</p>
Sing" s	<p>15 Shopping Shuttle: Stop & Shop 9:30 Mah Jongg 10:30 Book Club: The Paris Architect, by Charles Belfour 11:30 Quilting Group 11:30 Chair Yoga 12:00 Rotary Club Turkey Dinner 1:00 Art Group 1:00 Knit/Crochet</p>	<p>16 9:15 Cardio, Strength and Flexibility Class 10:00 Weight Loss Group 12:00 Pool Players 12:00 Mixed Poker 12:30 Ask the Lawyer: Free by Appt. 1:00 Fun Movie Friday: A Good Year 2:00 Dept. of Elder Affairs Board Meeting</p>
s only)	<p>22</p> <p style="text-align: center;">CLOSED</p> <p style="text-align: center;">Have a great  Thanksgiving!</p>	<p>23 9:15 Cardio, Strength and Flexibility Class 10:00 Weight Loss Group 12:00 Pool Players 12:00 Mixed Poker 1:00 Fun Movie Friday: Dreamer</p>
s	<p>29 TRIP—Festival of Trees Ticket Holders Only Shopping Shuttle: Stop & Shop 9:30 Mah Jongg 11:30 Quilting Group 11:30 Chair Yoga 1:00 Art Group 1:00 Knit/Crochet</p>	<p>30 9:15 Cardio, Strength and Flexibility Class 10:00 Weight Loss Group 12:00 Pool Players 12:00 Mixed Poker 1:00 Fun Movie Friday: Millions</p> <p style="text-align: center;">9</p>

Outreach Department

Fuel Assistance

We have received Fuel Assistance applications from Quincy Community Action Programs, Inc. for the 2018-2019 fuel season. The Fuel Assistance Program runs from November 1, 2018 through April 30, 2019. You must be income eligible. Whether this is your first time applying or you are recertifying, the Outreach Staff can assist you with filling out the application, copying the necessary supporting documentation, and mailing in the application. If you are recertifying, you will receive your application in the mail from QCAP. If you wish to apply please contact the Outreach Office by calling 781-848-1963, and we will give you the list of the supporting documents you will need to begin the application process. Once you have gathered this documentation please call us to schedule an appointment to come into the Outreach Office to fill out the application. You can also apply by making an appointment at QCAP. Their number is 617-479-8181 ext. 301.

Ice Tips

We have ice tips for canes. An ice tip will give your cane traction in the snow and ice. The tip attaches to the bottom of your cane, and when you need it you flip it down over the rubber tip.

Holiday Tree

As the holidays approach, let us think about those who could use some holiday cheer. Towards the end of November we will be putting up our Holiday Tree. It will be decorated with gift tags. A specific gift item will be listed on each tag. If you wish, please pick a tag off the tree and purchase the item listed for a senior in need. Please do not wrap the gifts. You can put the gifts in the box provided near the tree or drop it off to the Outreach Office. We will then wrap and deliver the gifts before the holiday. In our December Newsletter, we will list the date we need the items by. Each year the recipients of the gifts are overwhelmed by the generosity of those that give. What a wonderful feeling it is to know you will be making someone else's holiday special! Thank you.

Please call the **Outreach Office at 781-848-1963** for further information.

Who Doesn't Love Lucy ?? November , 19 at 1: 00 PM



Sixty seven years after Lucille Ball and Desi Arnaz first appeared on America's television screens, the famous sries "**I Love Lucy**" is still as hysterically funny as it was when it was first aired. Please join us as we show a special two part episode of this legendary sitcom. The Riccardo's and the Mertz's have travelled to Hollywood, so Ricky can film a movie. While visiting Grumman's Theatre with Ethel, Lucy discovers that a famous star's foot print block is loose. Seeing a perfect opportunity for once in a life time souvenir, she and Ethel scheme to get the block back to New York. Hilarity ensues when they try to pull this caper off. What will Ricky and Fred do? Who comes to the rescue? Please join us when Lucy, Ricky, Ethel and Fred go on a crazy adventure.

We will also be joined by our favorite Red Head from the Mayors Office, Chris Griffin, our co conspirator. He will have Trivia Questions. Please call Elder Affairs at **781-848-1963 to sign up.**

From the Chairman of the Board Hank Joyce

From The Chairman of the Board Hank Joyce

WOW! What a great time of the year. The weather was perfect for our Senior Walk in October. Perfect Day for Pond Meadow and a stroll with friends. The next chapter of the saga of the Peterson Pool started yesterday with the Groundbreaking Ceremony at BHS. The MC for the ceremony was the former Park Superintendent Bill Hedlund. He did a terrific job but left us with a vision of the Mayor jumping off a diving board next October with a Speedo on. (I would pay to see that).

The Red Sox did it! They beat those Dam Yankees 3-1 and almost gave fans a heart attack at the end. Bring on the Houston Astros (revenge is in the air). The Patriots are back on the right track 3-2 and play Kansas City Sunday Night. What a weekend Red Sox, Patriots and College Football it feels like I am in heaven.

This is a very busy time of the year at the Senior Center. We just had a great breakfast provided by BELD with the help of Braintree Rotary. We had a visit from Dick Flavin the Voice of the Red Sox. Unfortunately I missed it but I heard he was very good. I hope he can come back again early next year and talk about another World Series Win.

When discussing November, the first thing that comes to mind is giving Thanks! Especially to our Veteran's whom we thank and invite to our annual Veteran's Day Breakfast. on November 14th. Thanksgiving is also right around the corner with all those free meals that go with it. The Braintree Public Library is collaborating with BDEA to bring Bob Begin's presentation of the USS Quincy.

Back by popular demand is my Favorite Red Head (Chris Griffin) with another production of the "I love Lucy Show."

Be careful and have a great month and don't forget to come down and enjoy YOUR Senior Center.

Don't forget to thank a Veteran and have a very Happy Thanksgiving.

Belles & Beaux
Tuesday November 20, at 1:00 PM



The Braintree Elder Affairs hosts
Belles & Beaux
Musical Entertainment



Date: Note-Change of Day **TUESDAY**
Time: 1:00 PM
Where: Elder Affairs, 71 Cleveland Ave.
Cost: Free

Come and enjoy this wonderful musical group

Rotary Luncheon
November 15

The Braintree Rotary Club will be hosting a free Thanksgiving Lunch for the seniors of Braintree at Great Pond Hall. The delicious meal with all the trimmings will be catered by Fasano's.

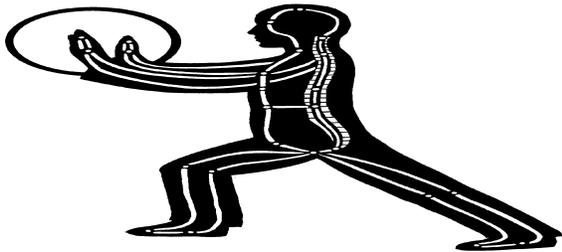
Date: Thursday, November 15
Time: 12 noon
Where: Great Pond Hall in Braintree
120 Bay State Drive

Sign Up: Please call 781-848-1963

Thank you Braintree Rotary Club for providing a free and nutritious meal to the seniors of Braintree.

Tai Chi with Peggy Every Monday

Date: Every Monday
Time: 12:00
Where: Elder Affairs
What is it? **Tai chi** for **seniors** improves safety and health. **Tai chi** is a gentle exercise that helps **seniors** improve balance and prevent falls. It consists of making slow, graceful movements while breathing deeply. Peggy does a wonderful job creating a relaxing environment while teaching the art of Tai Chi



Computer Assistance

Computer/Internet Class with Fran
When: Tuesday
Time: 9:30 AM
Where: Elder Affairs
Please call to sign up-Minimum of 4 people to a class.



Luncheon and Comedy Show with Michael Petit November 26, 12:00 PM

Date: November 26
Time: 12:00 PM Luncheon
1:00 by Popular Demand Michael Petit takes the Stage
Where: Braintree Department of Elder Affairs
71 Cleveland Ave
Cost: \$7.00 for Lunch \$3.00 for the Show
Comedian Michael Petit



I am so excited to announce that by popular demand 30 year entertainment professional, Michael Petit will be entertaining us. His unbridled energy is infectious and hilarious. Born and raised in Massachusetts, his career started in the Boston radio market and has blossomed as a national headlining comedian. He is an on Camera personality and public guest speaker. After moving Hollywood and performing as a regular at the Legendary Comedy Store, as well as performances in Las Vegas, and numerous TV appearances on Comedy Central, ESPN and NESN. Michael's trademark high energy and winning personality make every event and performance exceptional as a true professional entertainer.



is to

You can purchase Tickets on Thursday Nov. 1st after 9:30 AM

Gardners Guild Christmas Tour December 2



*The Gardeners' Guild of Braintree
Holiday House Tour ~ Sunday, December 2, 2018
Steven & Joyce Eby, 72 Mount Vernon Avenue
Braintree, MA 02184
1:00 p.m. to 5:00 p.m.
Tickets \$16.00 in advance, \$20.00 at door
Boutique & Holiday Fair
Braintree Town Hall
John F. Kennedy Memorial Drive
10:00 a.m. to 4:00 p.m.
\$2.00 Entry fee or free with House Tour Ticket*

HOLD THE DATE.....The Gardeners' Guild of Braintree will present our **2018 Holiday House Tour "A Queen Anne Christmas"**. This beautiful home of Steven & Joyce Eby located on Mount Vernon Avenue is awaiting our talented Committee Members to decorate her in Christmas splendor. Tickets will be on sale at Town Hall, Senior Center and many other locations around town.

**Happy Thanksgiving
November 22
Elder Affairs CLOSED**

**New Movie
Dunkirk
November 28, 12:00 PM**



In May 1940, Germany advanced into France, trapping Allied troops on the beaches of Dunkirk. Under air and ground cover from British and French forces, troops were slowly and methodically evacuated from the beach using every serviceable naval and civilian vessel that could be found. At the end of this heroic mission, 330,000 French, British, Belgian and Dutch soldiers were safely evacuated.

Fall Fun Movie Fridays at 1:00 PM



Friday, November 2: Legally Blond

Starring: Elle Woods (Reese Witherspoon) has it all. She wants nothing more than to be Mrs. Warner Huntington III. But there is one thing stopping him (Matthew Davis) from proposing: She is too blond. Elle rallies all of her resources and gets into Harvard, determined to win him back.



Friday, November 9 : HOUSEBOAT

Starring: Tom Winston (Cary Grant) is struggling to raise his three children on his own after his wife's death. After meeting the charming and beautiful Cinzia Zaccardi (Sophia Loren) at a concert, he hires her as a live-in nanny. Unbeknown to Tom, Cinzia is actually a European socialite on the run from her domineering father (Harry Guardino) and has absolutely no experience with cooking, cleaning or raising children. She does, however, have an interest in Tom.

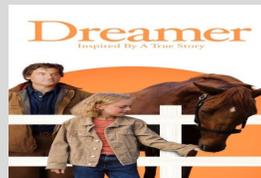
Friday November 16: A Good Year



Starring: Failed London banker Max Skinner (Russell Crowe) inherits yard in Provence, where he spent many childhood holidays. Upon his arrival, nia who tells Max she is his long-lost cousin and that the property is hers.

his uncle's (Albert Finney) vine-
he meets a woman from Califor-

Friday November 23: Dreamer



Starring: Ben Crane (Kurt Russell) is a horse trainer who is struggling to daughter, Cale (Dakota Fanning). But then a horse by the name of Soñador owner (David Morse) races her despite Ben's advice. Rather than put his cli-adopts her and welcomes Cale into the family business. They train Soñador to race again as grouchy but kind-hearted Grandpa (Kris Kris-tofferson) lends his encouragement.

connect with his precocious
suffers a broken leg after its evil
ent's injured horse down, Ben

Friday November 30: Millions



Starring: When 9-year-old Damian (Alex Etel) finds a bag of money in Anthony (Lewis Owen McGibbon) decide to try to spend it without telling advice from the imaginary saints with whom he converses, Damian struggles to spend his money in a more altruistic way. News of the mysterious loot inevitably attracts attention, however, and Damian is faced with an increasingly hairy situation.

his back yard, he and his brother
their father (James Nesbitt). Seeking
with his own morality, and attempts

Braintree Department of Elder Affairs
71 Cleveland Avenue
Braintree, MA 02184

Place
Stamp
Here

Braintree Department of Elder Affairs: Information & referral, Outreach assistance, transportation - both local & Title IIIB SSES grant funded MAP rides to Boston, shopping, SHINE insurance help, TRIAD services, healthcare clinics, support groups, informational seminars, recreation/activities, trips, tax counseling, medical equipment loans, resale & craft shops and many volunteer opportunities.

The office of Braintree's Veterans Agent, Cynthia Harris, is located in the Department of Elder Affairs building.

Phone: 781-794-8217

Braintree Dept. of Elder Affairs ~ 2017 Board Members
Henry (Hank) Joyce, Chairman of the Board

Wayne Gilbert, Vice Chairman
Ann Moore, Secretary
Robert Caruso, Treasurer

Lucille Barton
Tim Burke
Mary Cirignano
Leland Dingee

Jane Fogg
Connie Mattina
June Newman
Carol Whittall

Dear "Friends" and Prospective "Friends" – If you are currently a member and your dues are now due, you will receive a dues bill. **Please do not duplicate your payment.** If you are not now a member of the Council on Aging Associates, please consider joining. Complete this form and return it with the appropriate dues payment, made payable to: **Council on Aging Associates, 71 Cleveland Avenue, Braintree, MA 02184.** **It should be noted that the payment or non-payment of membership dues to the "Braintree Friends" in no way affects your eligibility for receiving services from and participating in activities and programs at the Braintree Department of Elder Affairs.** All members of the Council on Aging Associates in good standing (dues current) are eligible to attend our Annual Meeting in May of each year. Payment for the luncheon is included in your dues.

____ Yes, I want to be one of the "Braintree Friends" and am enclosing the appropriate membership dues:

INDIVIDUAL \$15 COUPLE/FAMILY \$25 BUSINESS \$50

(Please circle one and enclose your payment.)

NAME (print) _____ TELEPHONE _____

ADDRESS _____
Street Address _____ City, State, Zip _____

____ No, I do not want to become a member but am enclosing my tax-deductible contribution to assist your fund-raising efforts.

The Braintree Department of Elder Affairs' newsletters are available at Town Hall, Thayer Public Library, banks, supermarkets, pharmacies, churches and some medical facilities. Please view online: www.townofbraintreegov.org Donations to The Braintree Department of Elder Affairs are greatly appreciated. Thank you to all who have generously donated to support our wonderful programs.

