

Celebrate National Family Day



Monday, September 28, 2020

In honor of National Family Day we invite you to submit your favorite family recipe to share with others. Submitting your recipe makes you eligible to win a

Family Day Basket

**\$100 Stop & Shop Gift Card
Napkins, Potholders, Dishtowels
Family Game**

Frequent Family Dinners Make a Difference!

The National Center on Addiction declared National Family Day in 2001. Their research showed that teens who ate meals with their families were less likely to use substances, tend to do better in school and eat healthier.

To learn more about our National Family Day contest visit:

Braintreema.gov/familyday

**Clear your schedules and celebrate National Family Day!
Plan a tasty meal and enjoy dinner with your family!**

Drawing takes place Thursday, September 24, 2020